

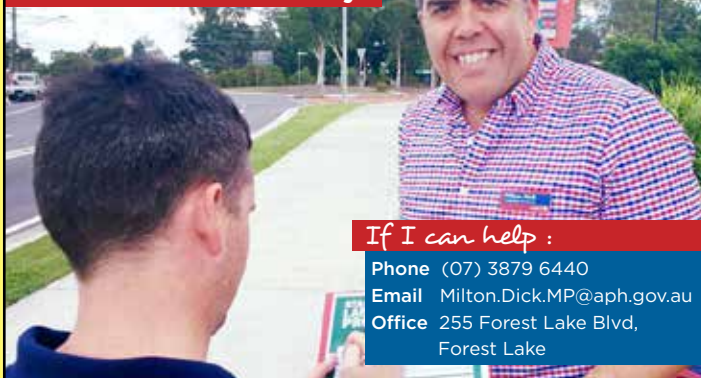
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Milton Dick

Federal Member for Oxley



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a message from
the desk of

Milton Dick MP
FEDERAL MEMBER FOR OXLEY



As another year comes to an end, I'd like to wish you and your family a very Merry Christmas and a Happy New Year.

It's a special time of year to spend with family and friends but also to remember those who are doing it a bit tough. In particular this year our farmers who are struggling through one of the worst droughts our country has seen.

If you're able to, I encourage you to give to one of the many fund raising activities taking place to help our farmers during this time. I know locally we have many residents who have extended families that live on the land, so I encourage you to support them where you can.

It's a privilege and an honour to serve as your local Federal Member and I thank you for placing your trust in me again at the Federal Election earlier this year. I take nothing for granted and will continue to work hard every day to earn and to keep the trust our community has placed in me.

In the coming weeks, you should receive a newsletter in the mail with a community survey included. It is your ideas and your feedback that shape what our future looks like and what the priorities are for our community. Please take a moment to complete the survey and send it back to my office using the reply paid envelope.

It's been an honour to serve our local community this year. I hope you enjoy the Christmas period and I look forward to seeing you in the New Year.

Please also remember to drive carefully on the roads and be safe near the water. Finally, a special thanks to our emergency services who will be working throughout the Christmas and holiday period. Thank you for everything you do for our community.

As always, if there is anything I can help with please email me at Milton.Dick.MP@aph.gov.au or call my office on 3879 6440.



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Personally Speaking[®] with Susannah Friis

At the time of writing, many parts of our beautiful country are on fire, with residents either evacuated or on 'prepare to leave' status.

It's hard to think ahead to the joy of Christmas when we know that for many people, there won't be much to celebrate, nor the desire to celebrate at all.

Over the years of writing this column, I have, unfortunately, had many occasions to reflect on the resilience of, not only the human spirit, but of us as Australians and as local communities, particularly when disaster strikes.

We recently attended a school presentation night where the guest speaker spoke of her work as a lawyer in the human rights sector. It was inspiring, not because of the 'big' projects she has been instrumental in, but because of the stories she shared about the 'smaller' projects where she had the opportunity to facilitate change in individual lives. Individuals who showed a level of resilience I hope I would have if I was ever in their circumstances.

As I said, I've written here before about resilience and will most likely do so again before my time is done. A key component of resilience is the ability to rise when down, to focus on a better day when the dark days seem relentless and shroud us in heaviness.

Resilience is seeing hope on the horizon and marching steadily, albeit slowly sometimes, towards that beacon of light. Christmas is a hard time for many people, as it will be this year for those who have been affected by the bushfires. Those of us for whom Christmas is generally a joy-filled time of year have an opportunity to provide others with that glimmer of hope shining on the horizon.

Even the most resilient person will tell you they only made it through their hard times because of support from others. We are all here to lift one another up, to buoy others and be buoyed in return when we need it.

So, this Christmas, we may not have money we can donate to those most affected by the fires, but what each and every one of us has is a community full of people, some hurting, some lonely, some bereft. And those are the people we can give hope to this Christmas season.

Grab a bauble off the Christmas tree in Target and buy a gift for someone doing it tough. Make an extra batch of mince pies to give to your neighbour. Visit an aged care facility and find out which resident doesn't receive visitors and have a cuppa with them. There are countless ways to make a difference any day of the year but what a great excuse we have at Christmas time to reach out to others and offer a handful of hope.

So as we once again sing Christmas carols, buy and wrap too many presents, cook too much food in the 38 degree heat of a Queensland summer and grit our teeth because of that tricky family member, let's remember that Christmas is about hope and the promise of a new day coming.

Wishing you all a Christmas season filled with all the people and things you love.

Letters & feedback are always welcome
email Susannah Friis at: editor@LNP.net.au

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- **IGA Supermarket, Forest Fair** • **Allstars - 65 Woogaroo Street**
- **Night Owl** • **Forest Lake Community House**

ONLINE: LNP.net.au/the-lake-news/

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✧ **Building better communities through communication**

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50+ Club Monthly Update

by Les Brooks

A day visit to Lone Pine Koala Sanctuary was the Club's main activity for November, and the weather couldn't have been kinder to us. A quick coffee was the order of the day on arrival before everyone headed off in different directions to view their attraction of choice. Some of the exhibits were wild lorikeet feeding, hand-feeding kangaroos and wallabies, a barn animal encounter, free flight raptor show, sheep dog show, meet a koala and snake keepers talk to finish off a wonderful day.

At some point during the day we even managed to find time for some lunch. On the way home it was agreed everyone enjoyed their day immensely.

The Clubs 'Extra Activity' was a lunch at Forrest Lake Hotel. As usual the Hotel had a wonderful variety of meals to choose from. Everyone who attended enjoyed their lunch listening to tall stories and true adding to a great atmosphere, resulting in another wonderful gathering of Club members.

The Club President, Leonie Ayling, extends her thanks to the committee, members and supporters of The Forest Lake Fifty Plus Club for all their help throughout the year. In addition, she would like to thank The Lion, Richlands, The Lake News, Heritage Community Branch and all of our local Council, State and Federal Members of Parliament for their continuing support. The contributions from all of those people and organisations help to make our Club one of the strongest local community clubs in the Forest Lake area.

We would like to take this opportunity to wish every member a prosperous year in 2020 and to all of The Lake News readers a sleigh full of wishes and dreams come true, may the spirit of the Christmas season fill you up with joy.

The Forest Lake Fifty Plus Club wishes to acknowledge the ongoing support from the Heritage Bank Community Branch, Forest Lake.

The Forest Lake Fifty Plus Club meet on the third Friday of the month at The Lion, Pine Road, Richlands at 10.30am. Date claimers for the next three meetings are 17th January, 21st February and AGM on 20th March.

For more information on the Club and its activities, please contact Leonie (President) on mob 0427 846 057 or Les (Activities Officer) on 3279 9449 or mob 0466 377 618 to register your interest, email fl50plus@gmail.com. New members are always welcome.



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Forest Lake Shopping Centre's development application approved

Forest Lake Shopping Centre has welcomed the decision by Brisbane City Council (BCC) to approve the Development Application for a proposed upgrade and extension project for the Centre.

Centre Manager of Forest Lake Shopping Centre, Elizabeth Fulloon, said the approval represents a milestone for the Centre and allows the team to progress to the next steps of development planning.

"This proposed development represents our commitment to delivering a refreshed offering that aligns with the evolving needs of our local community, and this approval will allow us to move forward with our detailed planning," Ms Fulloon said.



"Our plans propose to create a refreshed and inviting new space for our family-friendly centre, introducing a range of features, including some enticing new food and beverage offerings.

"We look forward to sharing details such as the full scope of works and development timing with our community as our plans are finalised."

As part of the planning process, comprehensive measures will be put in place to ensure the proposed development works are staged to minimise potential impacts.

"One of our key priorities will be to minimise the impact of the proposed development on our community," Ms Fulloon said.

"We will also remain committed to working closely with our retailers throughout the planning process as appropriate."

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Uniting Care Australia and Target Forest Lake and Springfield Central have launched their annual Christmas Appeal. This appeal is to raise funds to provide emergency relief and support for people doing it tough this Christmas.

The Appeal calls on all Queenslanders to support their community this festive season by purchasing a Target Christmas Appeal bauble from their local Target store.

The simple act of buying a \$1 bauble can make an incredible difference to those in the local community who are in need, helping to reduce the financial strain, allowing more people to experience the joy of Christmas.

Christmas can be a difficult time of the year, with many people facing financial hardship and needing support with daily necessities of food, shelter and basic living costs.

Uniting Care Queensland Group Executive Child and Family Service Brent McCracken said, "This year we hope to raise \$100,000 to support individual and families experiencing hardship across the state.

"The Appeal encourages Queenslanders 'to be there for someone'. We are incredibly grateful for all the donations we receive through this appeal, with 100% of all Target Christmas Appeal contributions going directly to people in need.

"The Forest Lake Uniting Church will be distributing the gifts to those in genuine need in our communities."

For further information on how you can support this years Christmas Appeal, please visit the website www.unitingcarechristmasappeal.com.au/

Forest Lake Men's Shed Update

by Steve Bruford

Well Christmas is here for another year and we wish everyone a very Merry Christmas and a safe and prosperous New Year. The shed will be closed for the holidays from Christmas Eve until 2 January.

We will be back bigger and stronger next year, as we now have over 50 members. We have a group doing Art on Mondays and a card group on Tuesdays and Fridays as well as the work in the main shed where we continue to make Connect 4, Giant Jenga's, Noughts & Crosses as well as many special orders as requested by locals.

All in all we keep very busy in the shed. Don't forget that we are collecting cans and bottles (glass and plastic) to help raise funds for all we do, and a big thank you to all who have contributed to this.

Again we wish everyone in our great community a Happy Christmas and a safe and prosperous New Year.

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Funds and new carers needed more than ever

Most Forest Lake residents would be familiar with 'Petrina the Wildlife Carer'. Petrina and Fran together run BARN, Brisbane Area Rescue Network, an organisation that rescues and cares for local wildlife.

"We deal with everything from new carer enquiries, training and mentoring, the web page, email and facebook as well as any grant applications, fund raising, public displays and community educational talks.

BARN currently have around 50 active wildlife carers, many specialising in certain species types. All new carers are allocated a mentor, who is available to help with any questions or issues that may arise.

"We are always looking for new carers. Raising orphaned wildlife is a huge commitment as each carer needs to see their animals through to release stage. This is all self funded and many people don't understand the time that needs to be spent to reach this goal. BARN will provide training, and ongoing support, however it is ultimately the carer who invests their time and resources."

BARN have recently received donated pouches, porta cots, cages and aviaries that have been distributed amongst the carers. These are things that are always needed as well as any unwanted towels, animal beds or blankets.

"Orphaned, hand-raised wildlife cannot just be released into the wild, they would not survive. The pre-release stage is extremely important and this is why our animals are released from aviaries or pens at specially chosen sites. This gives the animal a safe place to come and go with food and shelter until they establish themselves in the wild and no longer return.

BARN is needing to raise money to build the pre-release pens to release their current mobs of kangaroo and wallaby joeys. As a registered 'not for profit' organisation, monetary donations over \$2 are tax deductible and can be made by contacting BARN either by email or through their facebook page.

Residents are also welcome to call the BARN phone line if they find any injured wildlife. The volunteer on call will best direct them with what to do, as individual animals are assessed accordingly. However, in general, it is recommended that the injured animal is secured in a box where possible and kept in a quiet dark place.

"We do not advise anyone to try and handle an injured snake or touch a bat of any kind. The volunteer on call is always happy to help advise or we are available on facebook messenger if it is not urgent."

The 24-hour phone number is 0405 056 066. BARN can be contacted by sending an email to info@barn.org.au or message them on facebook: www.facebook.com/barnwildlifecare/.



See out 2019 and celebrate the new year at the Twilight Markets this month

Forest Lake get ready to party this New Years Eve at the Forest Lake Twilight Markets held at the shopping center near Stellsrossa with highly acclaimed local band Babash.

Usually the Forest Lake Twilight Markets are held monthly at the Forest Lake Shopping Centre on the fourth Saturday of each month except in December where they invite the community to gather and celebrate a New Years beginning.

Babash, the world toured band of musicians and laser light show will take you on a musical journey to the stars and back. Together with international food and bespoke craft stalls, the twilight markets are the perfect way to get your family New Years Eve celebrations started.

"New Years Eve is the perfect time to launch our newest attraction to the markets" said Jane Dear, spokesperson for Creative Collective Cultural Community Inc, the not for profit organisation which oversees the markets.

"All thanks goes to the Forest Lake Heritage Bank who, through a generous grant, have facilitated promotions and new equipment especially for 2020 celebrations," she said. "Same place, same time, just on a significant date once a year. Thats the only change!"



TWILIGHT MARKETS

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Jindalee Bowls—a club for everybody

Jindalee Bowls Club located on the corner of Sinnamon Road and Yallambee Road, Jindalee, is indeed a club for everybody regardless of age or physical ability.

Brisbane City Council has installed a disability ramp from the car park, an outdoor lift to access the clubhouse, ramp access to the greens and unisex disability and ambulant toilets. This means that members can continue playing even when restricted by physical ailments, and

members and visitors can access the clubhouse more easily. This also means that the club is more inclusive for community groups who wish to hire the hall for functions or meetings or participate in bare foot bowls

As a way of improving physical health and mental wellbeing, Governments are encouraging people of all ages, as well as those with disabilities, to become active and participate in community programs. These alterations enable those using wheelie walkers and wheelchairs to play bowls. There are some restrictions, however, to prevent damage to the greens. Bowls Australia has the Artificial Devices Policy which gives guidelines regarding tyre widths and tread. Bowling arms and walking sticks with the correct rubbers are also allowing bowlers to continue the game they love.

Jindalee Bowls Club is located on the corner of Sinnamon Road and Yallambee Rd, Jindalee and is open seven days a week at various hours. The Club can be contacted by calling 3376 1240, sending an email to jindaleeb@gmail.com or visiting the Club website jindaleebowls.org.au.



Student art on display at Inala Art Gallery

Inala Art Gallery, located at the Inala Civic Centre on Corsair Avenue, Inala is currently displaying a joint exhibition of student art presented by Glenala State High school and Forest Lake State High School.

This exhibition will be on show until late December and will be followed by a display of art works by members of the Gallery which will remain on display until the end of January 2020.

"We are almost fully booked for shows for next year which is very pleasing," said Gallery spokesperson, Anne. "Anyone who would like to book an exhibition of their own work is most welcome to call into the Gallery or phone 3372 8208 during office hours.

"There has also been many enquiries about starting Watercolour classes. We would like to hear from anyone who is interested in becoming a volunteer tutor in this medium for one class a week."

Marilyn Thurtell & MTR Property Group are going mobile!



"Going mobile again is a step in the right direction."

Marilyn first began selling homes in Forest Lake in 2002. Working under the PRD Franchise Centenary and then Bulimba; it never mattered where her 'office' essentially was and it had no effect on her professional ability to list and sell homes as the Forest Lake Specialist. Having opened MTR Property Group in 2006, Marilyn has been the longest running Agent in Forest Lake and certainly shows no signs of slowing down after 2019 has been the biggest year to date.

Marilyn says "My car, my ipad and my mobile phone are my business at the end of the day. My Assistant and daughter, Ashleigh, has encouraged me to never become complacent and to continue to strive to be better. The kiosk served us well but there came a point where we knew most people we were going to meet there. However, now I have a really clear business plan for the next 5 years and I am so excited as I soon reach the 20 years in Real Estate milestone!" The kiosk will be removed from the shopping centre early December.

"Aside from selling homes, I now have more time to give to others and support the community too. I love being involved with St John's Anglican College, Pallara State School Chaplaincy and Chatz Coffee & Cake, plus we will hopefully find some new ventures within the community so we continue to meet new people."

MTR have in the last year obtained an office suite at the Forest Lake Uniting Church in the op shop building on Waterford Road. This is home to their Administration and Accounts team plus serves as a meeting point for clients if required at the new Chatz Cafe.

Marilyn and the MTR Team look forward to continuing to sell in Forest Lake and hope to speak with you if you ever require any Real Estate advice or services.



Get in touch:
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Wasps Monthly Update

by Vanessa Poskus



It is our privilege to host the Heritage Bank Forest Lake Community Carols this year at our grounds. Big thanks to our volunteers, supporters and friends, as well as the Forest Lake Events Committee, for working with us to bring this important Christmas event to our community this year!

As the Festive season is upon us, we tend to look back over the year that was as we come together with family and friends to relax from our schedules. This can be challenging when you've had a tough year where things did not go according to plan and expectations are disappointed. Sport has lots of life lessons and for us, it is the 'big picture', our *why*, that has needed to be refreshed – and indeed does in all of us this time of year.

Our *why* is simple: to be a family club where whole families can join in providing as many opportunities as possible for local kids of all kinds of abilities, backgrounds and experience, to get a chance to play rugby union. Rugby Union, especially in a grass-roots club such as ours, is naturally inclusive, builds resilience and offers identity through belonging to a positive team. To truly achieve that is no small feat!

Our motto is 'we know your name and will get you a game'. Wherever you come from and no matter the obstacle you may have, we want to find a way that you can have fun in the sun running around with your friends playing rugby. We want to locate, develop and send out into their future lives, not only great players, but great kids. We are about finding the next generation of talent that prizes team above self and values character above the score. We also want to keep kids in the game with a dedicated pathway to representative opportunities if they have that talent and dream.

The modern child is spoilt for choice when it comes to sport being accessible, available and affordable. We simply can't compete with bigger clubs, bigger codes and bigger facilities. But what we can offer is a unique warmth and generosity of spirit; values that we know can't be found everywhere because we see it when we travel. We are proud that we are different and it is the like-minded and hearted volunteers that come and stay for years that are the reason we are still here. The kids who go on and underpin undefeated teams, earn Centurion caps for years in the game or go on



to other sports with passion and achievement; those who have played this year with us and had the support to grow in their skills, those we saw before our eyes the difference rugby made – all that has happened because our volunteers not only care, but care large.

We actually had a year of historic achievement, from lights to being UQ's Junior club; from our 15th birthday bringing 15 new families (and actually surpassing that now), to hosting Wallabies, Reds players and our own 7s; from new ways to sign up and play and no longer having an off season to partnering with new community groups – but for us it will always be the friendships and fun that we measure. In 2019, that was big. Thanks to all who were a part of it! See you next year.

Forest Lake Rotary Club update



by Alan Greig

When I was being officially welcomed into my Rotary Club some 27 years ago, the Club President made two points which have stayed with me. First, that my fellow Rotarians had chosen me—not in the sense of exclusiveness, but because they believed that I was the person to represent business in Rotary; and, second that I was beginning a new adventure in service—an adventure in the strict definition of the word ie a bold undertaking in which certain hazards and unforeseen developments were to be met.

Is it an adventure? Yes, the experience and testimony of thousands of Rotarians say that it is or can be.

If a new Rotarian has been properly oriented and if his or her club is alive to its obligations and opportunities, membership is an adventure as rich in discovery as a voyage to a new land. New dimensions will be revealed as his/her fellowship deepens within the community and broadens around the world to include a far flung group of like minded men and women.

My wife and I have been welcomed when visiting cities and towns throughout the world. At a Chicago World Congress, we were hosted by a Rotarian couple to stay with them for the week long congress. At this event I discovered, and joined, the Fellowship of Rotarian Golfers and my wife joined the Fellowship of Musicians, two of the many Fellowships, like flying or motoring should this be your interest or hobby.

The Rotary Club of Forest Lake members wish all readers a merry Christmas and a happy New Year.

Community events this month include the annual Community Christmas Carols on 1 December and a movie night on 13 December, Heathwood Park, Staplyton Road Heathwood at 5.30pm.

Heritage Bank Forest Lake *Community Carols*

Come along and sing in the 2019 Christmas season at this annual favourite event.

This year, the night will start at 5pm and finish at 8pm with the traditional spectacular fireworks display sponsored by Ray White Forest Lake (subject to fire bans on the day). Be entertained by various local school choirs, special guests, as well as the combined multicultural choir. The brightest night on the community calendar will bring special guest Christmas 'Wrapper' Daniel along with DJ Farmer Joe to entertain all. Santa will, of course, make a grand entrance with all the favourite Christmas Carols sung by all. There will be a special donation box available for people to give to those affected by bushfires in Queensland. Food and drinks will be available from 6pm onwards. Bring your picnic rugs, fold out chairs and gather friends and family for what promises to be a fantastic night to kick off the Christmas festivities.

don't forget
your gold coin
donation for the
bushfire
appeal!

Sunday 1st December from 5pm onwards

VENUE: Forest Lake Community Ovals
Home of the QLD Wasps
60 College Avenue, Forest Lake



bring a seat, this song sheet & **your singing voice**

Little Drummer Boy

Come they told me
Pa rum pum pum pum
A new born king to see
Pa rum pum pum pum
Our finest gifts we bring
Pa rum pum pum pum
To lay before the king
Pa rum pum pum pum,
Rum pum pum pum,
Rum pum pum pum
So to honor him
Pa rum pum pum pum
When we come
Pum pum pum pum
Pa rum pum pum
Pum pum pum pum
Pa rum pum pum
Pum pum pum pum
Pa rum pum pum
Pum pum pum pum pa rum
Little baby
Pa rum pum pum pum
I am a poor boy too
Pa rum pum pum pum
I have no gift to bring
Pa rum pum pum pum
That's fit to give our king
Pa rum pum pum pum,
Rum pum pum pum,
Rum pum pum pum
Shall I play for you
Pa rum pum pum pum
Pa rum pum pum
Pum pum pum pum
Mary nodded
Pa rum pum pum pum
The ox and lamb kept time
Pa rum pum pum pum
I played my drum for him
Pa rum pum pum pum
I played my best for him
Pa rum pum pum pum,
Rum pum pum pum,
Rum pum pum pum
Then he smiled at me
Pa rum pum pum pum
Me and my drum
Come they told me
Pa rum pum pum pum
A new born king to see
Pa rum pum pum pum
Me and my drum
Me and my drum
Me and my drum
Me and my drum
Rum pum pum pum

The First Noel

Noel, Noel, Noel, Noel
The First Noel, the Angels did say
Was to certain poor shepherds in fields as
they lay in fields where they lay keeping
their sheep
On a cold winter's night that was so deep
Noel, Noel, Noel, Noel
Born is the King of Israel!
Noel, Noel, Noel, Noel
They looked up and saw a star
Shining in the East beyond them far
And to the earth it gave great light
And so it continued both day and night
Noel, Noel, Noel, Noel
Noel, Noel, Noel, Noel
Noel, Noel, Noel, Noel
Born is the King of Israel!
Noel, Noel, Noel, Noel
Born is the King of Israel!
Born is the King of Israel!
Noel, Noel, Noel, Noel

Jingle Bells

Dashing through the snow,
In a one horse open sleigh
Over the fields we go,
laughing all the way.
Bells on bob tail ring,
making spirits bright
What fun it is to ride and sing
A sleighing song tonight.

Chorus

Oh jingle bells, jingle bells,
jingle all the way!
Oh what fun it is to ride,
in a one horse open sleigh, Hey!
Jingle bells, jingle bells,
Jingle all the way!
Oh what fun it is to ride,
in a one horse open sleigh.

Mary's Boy

Long time ago i
So the Holy
Mary's Boy Child
Was born on Ch
While shepherds watche
They saw a bright r
And heard a choir fr
The music cam
Hark! Now hear th
"New King's b
And man will live
Because of Chr
Now Joseph and
Came to Bethleh
They found no place
Not a single room
Hark! Now hear th
"New King's b
And man will live
Because of Chr
By and by they fou
In a stable o
And in a manger
Mary's little Boy/C
Trumpets sound a
Listen to wha
That man will live
Because of Chr



Boy Child

In Bethlehem
Bible say
I, Jesus Christ
Christmas Day!

led their flocks by night
new shining star
from heaven sing
me from afar

the angels sing:
born today
for evermore
Christmas Day!"

his wife Mary
them that night.
to bear her Child,
n was in sight.

the angels sing:
born today
for evermore
Christmas Day!"

and a little nook
all forlorn.
cold and dark
Child was born

and angels sing,
t they say!
e forevermore
Christmas Day!

O Come All Ye Faithful

O Come All Ye Faithful
Joyful and triumphant,
Come ye, O come ye to Bethlehem.

Come and behold Him,
Born the King of Angels;
O come, let us adore Him,
O come, let us adore Him,
O come, let us adore Him,
Christ the Lord

True God of true God,
Light of light eternal,
lo, he abhors not the Virgin's womb;

Son of the Father,
begotten, not created
O come, let us adore Him,
O come, let us adore Him,
O come, let us adore Him,
Christ the Lord

See how the shepherds
summoned to his cradle
leaving their flocks,
draw nigh, with holy fear.

We too will thither
bend our joyful footsteps
O come, let us adore Him,
O come, let us adore Him,
O come, let us adore Him,
Christ the Lord

Silent Night

Silent night, holy night
All is calm, all is bright
Round yon Virgin Mother and Child
Holy Infant so tender and mild
Sleep in heavenly peace
Sleep in heavenly peace

Silent night, holy night!
Shepherds quake at the sight
Glories stream from heaven afar
Heavenly hosts sing Alleluia!
Christ, the Saviour is born
Christ, the Saviour is born

Silent night, holy night
Son of God, love's pure light
Radiant beams from Thy holy face
With the dawn of redeeming grace
Jesus, Lord, at Thy birth
Jesus, Lord, at Thy birth

Oh Holy Night

Oh holy night!
The stars are brightly shining
It is the night of the dear Savior's birth!
Long lay the world in sin and error pining
Till he appear'd and the soul felt its worth.
A thrill of hope the weary world rejoices
For yonder breaks a new and glorious morn!

Fall on your knees
Oh hear the angel voices
Oh night divine
Oh night when Christ was born
Oh night divine
Oh night divine

Led by the light of Faith serenely beaming
With glowing hearts by His cradle we stand
So led by light of a star sweetly gleaming
Here come the wise men from Orient land
The King of Kings lay thus in lowly manger
In all our trials born to be our friend

Truly He taught us to love one another
His law is love and His gospel is peace
Chains shall He break for the slave is our brother
And in His name all oppression shall cease
Sweet hymns of joy in grateful chorus raise we,
Let all within us praise His holy name

We Wish you a Merry Christmas

We wish you a merry Christmas
We wish you a merry Christmas
We wish you a merry Christmas
And a Happy New Year.

Good tidings we bring
To you and your kin
Good tidings for Christmas
And a happy New Year.

(Repeat)

Thank You to our Sponsors

please support those who support your community
without their support there would be no carols



Heritage
Community Branch

Forest Lake

Forest Lake
*Combined
Churches*

Ray White



**FOREST LAKE
COMMUNITY
HOUSE**



Cr Charles Strunk
Forest Lake Ward



Be part of the 2020 Christmas Carols

Are you interested in being part of the team to plan 2020 or want to forward your feedback and ideas, then why not contact Forest Lake Community Events Association? Contact Katrina Spencer on 0419 766 164 or Linda Paton on 0402 061 907 or send an email to lindapaton@optusnet.com.au.

Family Focus

with Mark Mackay



For many people, December means Christmas—a time of food, fun, family, memories, presents, celebrations, holidays and cricket.

My wife, Catherine, particularly loves Christmas. It becomes an annual debate over how early the Christmas Tree goes up; she wants it up in November while I'm a traditionalist and say it doesn't go up until 1 December. There are other traditions for us: going into the city to see all that happens in there at Christmas, looking around our suburb at the lights, wrapping presents on Christmas Eve while watching the Carols, and so on.

But my two favourite Christmas traditions are going to church on Christmas morning and taking the kids with me to deliver presents to children in need on Christmas Eve.

For all the commercial side of the Christmas season, the real message of Christmas for me comes down to two words: community and Jesus. The Christmas story tells us that God loves humanity so much that He sent His Son to be born in a manger, grow as a man, die an unjust death and be raised to life, so that we may have true community and reconciliation with God and each other.

It's no wonder the angels sang, "Glory to God in the highest heaven, and on earth peace to those on whom his favour rests." (Luke 2:14)

Through Christmas, God shows us how true community is formed—by leaving our own comfort zone and loving someone else. Jesus started the journey at Christmas and fulfilled it at Easter.

So, this Christmas, why not cross that fence and get to know your neighbour? Take your kids and show them an example of helping others.

Why not invite your neighbour to the Community Carols on 1 December or to one of the Christmas church services listed at the back of this magazine.

Let's each do our part to build community in our neighbourhood.

On behalf of my family and our Church, we pray you have a blessed and joyful Christmas, surrounded by family, friends and neighbours.



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Forest Lake Area

Garden Group

by John Prout

This is the month we all look forward to celebrating Christmas with our family and many will enjoy their annual leave holidays later in the month. Now before we get carried away with the festive season and parties, let's not forget about our garden as this is the hottest month of the year. Topping up the mulch, especially if you are going on holidays, is important in assisting the moisture be maintained longer for all plants as they grow throughout the hot summer days. Remember not to place the mulch up against the plant stems. Why not add some water crystals? Water deeply as this will encourage the roots to go further into the soil to find the moisture. Water in the cool of the morning or evening but avoid watering disease-susceptible plants at night.

One helpful hint is to raise the mower height during the warmer weather as longer grass means cooler soil at the root level. Also the slightly longer grass will reduce the risk of weeds growing through the lawn.

Yes the words from that famous Christmas carol 'It's beginning to look a lot like Christmas' is so true as all the shops are decked out in decorations, extra promotional catalogues in the letter box and advertising in both the print and radio media advising us what to spend our Christmas dollars on. How is your shopping list going? If you are like me, I somehow manage to leave everything to the last minute. Why not give a friend or relative a productive pot plant? This is one gift that will keep on giving. There are so many toys available and most are battery powered. Maybe I could give the kids some batteries with a note attached saying "Toys not included!"

Next year will be the 25th anniversary of our club. We have come a long way from the first meeting of a dozen local residents meeting in one person's garage. We are planning some special events to celebrate this milestone so watch as details are released.

This month's meeting will be our Christmas break-up at the Oxley Golf Club. Admission will be by ticket only. If you have not booked your seat, contact Margaret Taylor on 0407 134 412.

Although our next meeting is in February 2020, your committee will be working behind the scenes in arranging open garden visits, bus trip and many more exciting outings.

Don't forget to check our web site and facebook page over the break. Have a great Christmas and a safe New Year and looking forward to catching up with everyone soon. The best Christmas gift is the presence of a happy family all wrapped up in each other.



We are not fanatical gardeners, just friendly enthusiasts. Please join us!

**Next meeting Tuesday, 4th February 2020 at 10am. Uniting Church Community Life Centre,
528 Waterford Rd, Ellen Grove. For more information call John Prout 0419 634 699 or Jill Lowe 0403 002 143.**



centenary evening VIEW club update

Centenary Evening VIEW Club is a very grateful recipient of a grant from Round 101 of the Gambling Community Benefit Fund. This was announced recently by Mount Ommaney State Member, Jess Pugh. The money will be wisely spent on equipment needed for our meetings.

Monday, December 9, will be the date of the next dinner meeting of the Centenary Evening VIEW Club. Meetings are held at the McLeod Country Golf Club, 61 Gertrude McLeod Crescent, Middle Park, 6.30pm for 7pm. The cost is \$35 and bookings are essential. Please call 0408 725 542 to make your booking and for more information.

This is our Christmas meeting and members and guests will be celebrating the end of a very successful VIEW year. Our traditional Christmas-themed Bring and Buy stall will be conducted.

VIEW stands for Voice, Interests and Education of Women and women of all ages are invited to attend. As well we have coffee mornings and various other outings and activities to entertain you. Fund raising events support the nine children the club sponsors through The Smith Family's Learning for Life Program. Nationally, VIEW proudly supports more than 8000 students.

You are invited to find out more about our club by checking out our Facebook page and/or by consulting the web page for VIEW.

FOREST LAKE RSL Sub-Branch Update

by Alan Greig



This month's column contains excerpts from post cards and letters sent to the mother of Henry James Wright from the Gallipoli and the Somme Battlefields in France. They show the stoicism and living conditions of WWI diggers fighting for the freedoms we currently enjoy. Wounded soldiers, following recuperation, were often required to serve again on the front line following their recovery.

Henry Wright, aged 26, was a newly married Victorian. His correspondence was found in an old cardboard box. I tried to decipher letters but it was hard work as the ink was faded and the paper had turned brown with age.

One postcard from Gallipoli stated "In the firing line Gallipoli Peninsular June 10th 1915." It acknowledged two letters. One was dated March 7th and the other dated 5th May which had been received on June 7th.

His letter said, "We have been boxing on for six weeks now and still going strong. Two lads have been wounded but are back on the front with us now. We are all waiting for papers next mail to read of our fighting. I am glad to hear that Bert and Fred have joined and hope to meet them soon over here."

Following 15 weeks of basic training, Henry sailed from Port Melbourne on troopship A38 bound for the Middle East. He went ashore at Gallipoli at 1030 am on 26th April 1916. Two months later he wrote home. "I have up to now managed to dodge the bullets which fall pretty thick at times. We are giving the Turks all the fight they want. We live in dugouts in the side of the trenches, just like rabbits. They are pretty safe from bullets and shrapnel. We do our own cooking and are getting pretty expert at it."

On 21st August, Henry was wounded by shrapnel and was sent to England by hospital ship where he spent months recuperating. His brothers Fred, Albert and Charles all served with the 21st Battalion and were discharged medically unfit after fighting at Gallipoli and France. Henry wrote home. "I am indeed thankful that I am having a spell from it all. I have now six scars from bullets to show so think that is quite sufficient."

On July 24, 1918, Henry returned to active duty, rejoining the 14th Battalion AIF on the Western Front. He wrote to his parents on the 20th August recording recent battles and his nostalgia for home. He was killed 30 days later near Ascension Wood about 3kms from Bellicourt. His name is listed on the commemoration memorial at the Australian National Memorial at Villers Bretonneux.

Last year I visited the Australian Memorial at Villers Bretonneux. It is very well worth a visit should any reader visit France in the future.

The RSL Forest Lake Sub Branch members wish readers a merry Christmas and a happy 2020.

COMMUNITY LIFE CENTRE

528 Waterford Road, Ellen Grove



OPENING HOURS

Tuesday - Saturday
8:30am - 12:30pm

 facebook.com/chatzcoffee

Contact: Julie - 0405 781 904

CHRISTMAS CLOSURE

CLOSED FROM
Sunday 22nd December 2019
OPEN FROM
Monday 6th January 2020


Affordable prices
Welcoming atmosphere
Relaxing environment

Contact
Rev Russell
0429 472 567



OPENING HOURS

Monday - Friday
9:00am - 3:00pm
Saturday
9:00am - 12:00pm
SUNDAY - CLOSED

 facebook.com/CommunityLifeCentreOpShop
Contact: Lorraine - 0419 336 081



Join us for worship
Blue Christmas - Sunday 15th December at 9:30am
Christmas Day - Wednesday 25th December at 8:00am
It's a great place for a fresh start!
www.forestlakeuca.org.au





RICHLANDS - FOREST LAKE SCOUT GROUP UPDATE

BY ROSELLA

As we approach the end of the school year, once again we find ourselves wondering where did the time go? Christmas is just around the corner and we have already started thinking about what exciting activities we can explore in 2020.

Exploration is exactly what we are about these days. As Scouts Queensland transitions into a new year and a new program, here at Richlands-Forest Lake we are busy exploring what that means to us and what it means to our youth—so far, we have come up with *more!* More fun, more excitement, more topics and avenues to explore and more leadership and challenges.

Our Joey Scouts started November exploring the broader concept of 'Art'. Six year old Caitlin was responsible for the theme of the night and for leading her fellow Joeys. They all thoroughly enjoyed her activities. Just as our Senior Joey, Dakota, aged seven, enjoyed learning to run the parades for her Joey Unit, and our newer Joeys enjoyed learning what being a Joey is all about.

We have especially been exploring the new Adventurous Outdoor Skills aspect, and at the 2019 Joey Train Day at Brendale earlier this month, our Joey Scouts were presented with their Stage 1 Cycling and Stage 1 Vertical badges.

Dakota was also very excited to be presented with her Stage 1 Alpine. We are so proud of her achievements, as she is the first Joey Scout in Queensland to have earned this badge. Exploring fun themes can be so educational too. Dakota's suggestion for a Circus themed sleepover evolved into a fun day (and night) immersing ourselves into a Circus mindset complete with a circus school, an evil ringmaster, pony rides and circus food.

Thanks to Matthew, ages seven, we also explored the waterways and parklands around Centennial Way in Forest Lake as Matthew's activity suggestion was a Clean Up day. As much as we love getting out and about, the youth also enjoy their technology and so we ended the month with a "Minecraft" night in the den, thanks to Jamie, aged six.

The Cubs were also busy exploring and expanding their imaginations, starting the month with a 'Detective Night' to solve the case of Mrs Roseberry's missing Award winning cake from the Annual Fair. The Cubs enjoyed this so much and finished the month off with a Chalk Chase/Scavenger hunt - this time following the clues outside of the den into the surrounding areas. The Cubs also spent a night with the Scouts doing some building and restorative work on our wooden go carts before testing them out at a Forest Lake park.

The Cubs also joined the Scouts and Joeys for an afternoon at Orion Lagoon to brush up on their water safety skills as the weather heats up. This time of year we like to get out and do water activities as much as possible so I'm sure there will be more planned. A recent Pirate Night, saw Cubs enjoying a game of Cannonball blast, put their knotting skills to the test with some rope games, walking the plank and engaging in a fierce (inflatable) sword fight. As a result of this fantasy based, fun night, we are happy to announce that four of our newest Scouts have now completed their Scoutcraft badges. The Scouts too decided to treat themselves to a technology night and, inspired by the go carts the previous week, spent a night playing Mario Kart and firming their friendships.

We would also like to congratulate Hunter McLaughlin and Connor McLaughlin on successfully completing their Stage 2 Alpine badges, and Mikaylah McLaughlin on the presentation of her 5 Year Service award. Having this much fun really doesn't feel like service, but we all appreciate praise when it's due. Thanks Maggi for your years of dedication.

It's never too late to join the adventure that is Scouting. Check out our website or facebook page and arrange a trial visit for your son or daughter.

Forest Lake Probus Club Update

by Publicity Officer, Pam Moy



It is hard to believe that it is that time of the year again when we are all planning our Christmas Parties. The Forest Lake Probus Club will be holding their Christmas Lunch on Tuesday, 10 December, at The Lion, Richlands.

The Club's last activity was as guests of the Sherwood Probus Club on Tuesday, 15 October. We went on a bus trip to Gatton and went on a tour of the University of Queensland and then had a delicious lunch in their dining hall. In the afternoon, the bus took us to Pohlman's Nursery where we enjoyed a train trip around the nursery. Many of us purchased a pot plant or two and when we arrived back at Forest Lake, we were surprised to receive a gift of a pot plant from the nursery.

Many members attended our dine-out lunch at the Monier Hotel on Thursday, 7 November. We all had a delicious meal of our own choice amid a lot of conversation and laughter. In December this event will be a breakfast at K and K Café, Sinnamon Park where we recently had a coffee morning. Everyone decided the outlook from the veranda of the café would make a great breakfast venue.

Probus is all about providing retirees fun, friendship and fellowship in retirement beyond the social interactions of social media. Retirees are able to maintain an active lifestyle all while forming meaningful relationships through connecting with likeminded people in their local area.

In an environment where the tech industry is taking the lead in teaching our youngsters about social media and technology, there is definitely space for us to teach our grandchildren the importance of social interaction beyond social media.

The President and members of the Forest Lake Probus Club would like to wish residents of Forest Lake a very happy Christmas and a 2020 full of health and happiness.

Our first Probus Club meeting for 2020 is on Tuesday, 14 January, commencing at 10.30am at The Lion, Richlands, so please give it a thought and if interested please contact our Membership Officer, Ellen, on 3879 7784 or Secretary Barbara on 0422 817 924. Merry Christmas!



As the year comes to an end, it is the perfect time to embrace what is good in our community and welcome the festive season. It is too easy sometimes to forget what is important in life and take what is good for granted. Let's continue to think and do what we can to assist those less fortunate.

I would like to acknowledge everyone who made time to chat with me about local government matters or contributed alongside me to make our community a better place in the past 12 months. It continues to be an honour to serve you as part of the Brisbane City Council team.

It was an honour to join the Forest Lake RSL Sub-Branch at the Remembrance Day Service on 11 November at Forest Lake. It was a privilege to lay a wreath of remembrance among our retired service men and women, school students and community members to mark Remembrance Day. *Lest We Forget*.

The Heritage Bank Forest Lake Community Carols are taking place on 1 December at the Sport fields in Forest Lake 5pm to 8pm. My team and I will be there to wish everyone a safe break. Don't miss out on this wonderful night of entertainment and lots of delicious food.

I'll also be attending the Doolandella Neighbourhood Watch Carols which will take place on Friday 6 December in Wallaroo Way Community Park in Doolandella from 5.30pm to 8pm. Santa will be making a special appearance once more at this free local community event. I really looking forward to handing out free giveaways throughout the night at my stall.

Also, I will be hosting my first free Australia Day Community BBQ picnic with the Forest Lake Bank of Queensland on 26 January next year, from 4.30-5.30pm, at the BBQ next to the Pirate Ship play equipment. I can't wait to spend a nice afternoon with everyone after welcoming our newest Australian's at the annual citizenship ceremony hosted by the Inala Lions Club Inc at the Blue Fin Fishing Club.

Over this period, the Forest Lake Ward office will be closed from Monday 23 December and will reopen on Monday 6 January. We assure you that all your emails will be responded to as soon as possible or alternatively, please call the Brisbane City Council Contact centre on 3403 8888. The Contact Centre is open 24 hours a day, seven days a week.

As always, please let me know if you have questions about anything I have raised in the past 12 months in my column, local government matters or upcoming events. I encourage residents to make time to contact my office as I would like to hear what is important to you on 3407 1211 or visit my Facebook page at <https://www.facebook.com/CharlesStrunk4ForestLakeWard>



Attention All Residents

The Lake News is always interested in local, good news stories. Maybe you or someone you know has received an award or come back from the trip of a lifetime. Perhaps your child has excelled in his or her sport and been selected in a representative team.

Why not share your good news with others?

**Call The Lake News today
on 3201 1880**

or email us at: editor@Lnp.net.au

IMPORTANT PHONE NUMBERS

For non-life threatening calls please check individual listings under Ambulance, Fire Station, Police Service in the White Pages™

EMERGENCIES 000

POISONS 13 11 26

CRIME STOPPERS
1800 333 000

KIDS HELP LINE
1800 551 800

LIFELINE 13 11 14

DRUG ARM 1300 656 800

POLICELINK
131 444

QUEENSLAND HEALTH
13HEALTH

DOMESTIC VIOLENCE
(WOMEN) 1800 811 811
(MEN) 1800 600 636

SEXUAL ASSAULT
HELPLINE
1800 010 120

ENERGEX - SUPPLY LOSS
13 62 62

SICK & INJURED ANIMALS
1300 ANIMAL



I am delighted to welcome the festive season and to wish readers of The Lake News a safe and wonderful festive season. As the year draws to a close, my sincere thanks to everyone in our community who has been so considerate and wished me well following my fall. Your kind words and well wishes are so appreciated. It continues to be a pleasure to serve our compassionate and vibrant community. At this time of year, I take time to reflect on all the ways our community has come together and how my government has been able to help enrich the lives of so many in our area over the past 12 months.

A favourite annual family event of mine, as well as many families across Forest Lake, is the annual Forest Lake Community Carols. I would like to congratulate the many committee members and volunteers who have worked tirelessly for over two decades to ensure the ongoing success of this event. Please be sure to join in and thank everyone involved on the night.

December is a time when our community comes together and gives generously to others. Pastor Mavis and her team will once more host a Christmas lunch at Grand Ave State School on Christmas Day from noon. Families from across the Inala Electorate are all welcome to attend.

Christmas can also be hard for kids who can't live with their own families. Together, we can show we care by giving an extra present under the tree. My government's annual Kids in Care Gift Donation Drive encourages all Queenslanders to donate a gift so that every child living in care receives an extra Christmas present under the tree. More than 9500 gifts are needed for the Kids in Care Christmas Appeal. Gift vouchers make a great gift, particularly for teenagers.

If you can't donate a gift in person, you may wish to make a monetary donation through GIVIT. For gift ideas or donation drop points, go to www.qld.gov.au/bringasmiletoachild. Donations will be accepted at Child Safety Service Centres across the state until Friday 6 December 2019.

I would also like to acknowledge all the wonderful work and achievements of our local community and sporting groups. I'm glad to support these organisations and community groups as they come to celebrate the end of another busy year and wish members and volunteers a well-deserved break. Happy holiday season everyone!

As always, I invite the community to contact me about anything raised in this column or if you would like more information about any State Government matters – by phoning 3737 2100 or emailing Inala@parliament.qld.gov.au.



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building better communities through communication

St John's Hosts Challenge for Budding Innovators

On Thursday 31 October, St John's Anglican College proudly hosted the Third Annual Australian Conrad Challenge. Over 100 teams from across the country participated in the 2019 challenge, where they were asked to develop a disruptive technology that addressed an issue in the world today in the areas of health and nutrition, energy and the environment, aerospace and aviation, and cyber technologies and securities.

Three teams from St John's Anglican College advanced to the finals alongside other finalist teams from St Luke's Anglican School, Bundaberg and St Aidan's Anglican Girls School. A mobile tank to help fight urban fires, a curtain with built-in filters to sanitise hospitals, and an app to help students struggling with digital distractions were among the innovative solutions that students presented at the finals pitch. Team Aroxide from St John's was awarded the Best Power Pitch for their innovative water-filter for use in urban and industrial waterways. Team Clearn from St Luke's was awarded the prize for Best Innovation for their cutting-edge digital service aimed at encouraging recycling, and now have the opportunity to represent Australia at the Conrad Challenge at the Kennedy Space Centre in 2020.

St John's Principal, Mrs Maria McIvor said, *'Through the generous support of The University of Queensland and community support from the UQ Idea Hub, the Australian Government Business Bureau, Australian Space Agency, Australian Defence Force and NOVA Systems, this year's challenge was another rousing success.'*

'It is a great opportunity for our students to engage in 'blue sky' thinking and to build upon the problem solving and innovation skills they have developed as part of our International Baccalaureate (IB) program. Participants employed a wide variety of



skills, not just from science and technology, but also from business, design and public speaking. We are incredibly proud of the teams who participated and wish them all the best with their developing innovations.'

The Conrad Challenge brings together a dynamic community of innovators and entrepreneurs driving a collaborative movement to develop extraordinary and viable solutions to benefit our world. Through its partnership with St John's Anglican College, both groups hope to grow their national challenge and invite interested schools to take part in the 2020 Australian Conrad Challenge.

Fully committed to the Australian Conrad Challenge and empowering students to be creative in their thinking, St John's offers students in Years 4 to 9 the opportunity to develop their own innovative solutions and ideas, and pitch those ideas to a panel of experts in the annual St John's Innovation Challenge.

For more information on how St John's takes inquiry-based learning into every classroom, visit stjohnsanglicancollege.com.au



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Forest Lake Lions Club update



by Michael Janz

The Lions Christmas Cake and Pudding program has been a major fund-raising project of Lions Australia since 1965 and raised more than \$56 million.

The proceeds from this project are donated back into the community for great causes including blindness prevention and vision improvement projects, medical research, Children's Mobility Foundation, eye health program, hearing dogs, disaster relief, aged care, drug awareness and youth programs.

You can rest assured that, should you purchase a product from the Lions Club of Forest Lake, the proceeds generated will be put to good use in the community.

They also taste great! All cakes and puddings are baked to the relevant, identical recipe ensuring a uniform, high quality product.

This year the Club has the following available: Lions Christmas Cake 1.5kg \$17.00; Lions Christmas Cake 1kg \$13.00; Lions Christmas Pudding 900gm \$13.00; Lions Mini Cake 80gm \$2.00.

Cakes will be available at:

- The Bank of Queensland Forest Lake Branch
- Oxley Bunnings on 1 December;
- Our barbecue at the Community Christmas Carols on 1 December; and
- Forest Lake Shopping Centre on 7 and 8 December.

Cakes can also be ordered by contacting Marg Janz on 0480 113 843 or email margiejanz@outlook.com.



Father Christmas will write to you!

We thought you ought to know that Father Christmas has appointed all Lions Clubs as his agents in Australia. Why not let your son or daughter, grandchildren, niece or nephew have the thrill of writing to Father Christmas and receiving a personal non-committal letter by return mail direct from the grand old gentleman's North Pole workshop.

If your child is too young to write to Santa, write a letter for him/her and tell them what you have written.

If you would like your son or daughter, grandchildren, niece, nephew, etc to receive a letter from Father Christmas, just give us their name and address and we will see that he writes before Christmas Day

It's easy! Here is all you do: write to Father Christmas c/- Forest Lake Lions Club, PO Box 4234, Forest Lake Qld 4078; be sure your child's full name and address is written legibly in the letter; include a stamped envelope, addressed to the child to ensure the letter is sent to the correct address.

Would you like to get more involved in your community and play a role in determining the Lions' activities in 2019/20? Forest Lake Lions creates this opportunity. Would you like to get involved?

If you would like to find out about becoming a Forest Lake Lion, contact our Membership Chairperson Penny Powell by email: lion.pennypowell@outlook.com or mobile: 0417 734 971. Let us know of any local needs that we could support. Contact us by going to: www.forestlakelions.org.



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Dave is a Chartered Accountant with a keen interest in personal finance issues

Don't you just hate those unexpected major expenses that come out of left field. The car needs a bit more work to it than what you thought was going to be a normal six-monthly service or the dentist gave you a nasty surprise when you took your child for what you assumed to be a regular check-up. Potentially, it might be even worse...you could have been made redundant in a slow labour market.

Of course, such things can be regarded as 'known unknowns'...we know they are going to happen at some stage, but we just don't know when and more importantly by how much!

Depending on who you listen to in the financial services industry, you should set aside anything between three and six months of annual income for emergencies, some might even argue a full year. Seriously, how many people can afford that unless their discretionary income is substantial.

Take heart, two associate finance professors in the USA have recently come up with the magical figure. Whilst 42 is the answer to everything in the universe according to 'The Hitchhiker's Guide to the Galaxy', the emergency fund number to strive for is US\$2,467, currently around \$3,600 in local currency.

There are plenty of caveats to this number, one being that it was based on studies of lower income families, but their findings were nevertheless quite interesting. Based on a study of 70,000 lower income households, they found that once that figure had been reached any additional saving for emergencies was certainly less helpful than saving additional dollars above say \$500.

Of course, there is no right answer to the question of how much you should try and set aside for emergencies, and the standard qualifier of 'every case is different' invariably holds true. However, there is some important psychology here...setting a ridiculously high target will likely result in frustration and perhaps giving up altogether. It is more important to set a reasonable target, and accept the inevitability that you do need these funds, than have to panic when the inevitable comes along and wonder where the money is going to come from.

A sudden unexpected expense is painful enough on anyone's hip pocket...better to at least have funds available than nothing at all.

News from the 19th Hole

Forest Lake Social Golf Club update by Patrick Ayling



The last of the Club Championship games was played at Gables on the 20th October and our 2019 Champions have been decided with some very close scores indeed. The 2019 results in all divisions are:

2019 Trophy Winners: Overall 2019 Club Champion, Gavin Robinson; Club Champion Runner Up, Bob Brose; A Grade 2019 Most Improved, Jason Lee; A Grade Runner Up, Dan Jones; B Grade 2019 Most Improved, Pat Ayling; B Grade Runner Up, Brett Williams; C Grade 2019 Most Improved, Gavin Robinson; C Grade Runner Up, Colin Edwards. The 2019 Bradman Award recipient was Liam Dvornich.

The clubs last game of the year was held at Jindalee Golf Club on 10 November. This game was our Annual Jim Wilson Memorial Cup, with 26 players vying for the trophy. While there were some very good scores, the winner of the trophy for 2019 was Gareth Collins with a very respectable 45 stableford points. Congratulations Gareth.

Other winners on the day were: A Grade winner, Russell Ballantyne 38 points; A Grade Runner Up, Pat Ayling 37 points; B Grade Winner, Gareth Collins 45 points; B Grade Runner Up, Rodney Lyons 43 points; Long Drive A 6, Phill McGurk; Long Drive B 6, Dani Dvornich; Approach 3, Dan McKay; Approach 16, Don Pickwick; NTP 4, Brian Cruickshank; NTP 14, Russell Ballantyne; NTP 17, Pat Ayling.

The Clubs annual end of year trip will be held at the RACV Royal Pines resort on 7/8 December, with the annual trophy presentations held after dinner on the Saturday. This year there will be 31 golfers and 10 partners attending.

The clubs 2020 game schedule will be released over the coming weeks, however, the first game will be held at Wolston Park Golf Club on 19 January.

If you play golf and are interested in joining our social club, please contact me, Pat, on 0417 213 659.

Thanks go to our Club Sponsors, Heritage Community Branch, Forest Lake, and the Jindalee Golf Club Professional.

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Welcome to the December edition. Christmas cards and letters almost done.

Are you recently retired or semi-retired and age 50 or over? Why not come along and enjoy a calendar of great meetings, trips and activities to suit both singles and couples. It's a great way to make new friends. You will be greeted with a friendly welcome. There are lots of exciting events planned for the 2020 Calendar.

In October we were eagerly awaiting our final event for 2019. High Tea on the Brisbane River. The entertainer was fantastic. The sights along the river were truly spectacular and the biggest treat was the delicious high tea.

At our 14 November meeting, members were set to enjoy a very vibrant and informative presentation from our RACQ guest speaker.

All ready for Christmas Lunch, Thursday 12 December. This year we are going to The Lion for the last social event for our members for 2019. We are looking forward to some great entertainment and maybe one or two nice surprises.

Share the Dignity is our chosen Christmas Charity. Special thank you to our Branch members and their very good friends who so generously donated handbags filled with special items. You will make someone's Christmas that much brighter.

Many thanks and appreciation to The Lion for the friendly welcome we receive each monthly meeting. Our Branch are also extremely grateful for the ongoing support we receive from Forest Lake One Community and the Heritage Bank. Our Branch Bank Account is held at the Forest Lake Branch of Heritage Bank.

To our members who are unwell or recovering from surgery, our best wishes for a return to good health. It has been a very tough time health-wise for a few of our members.

We take a break over Christmas and January to recharge our batteries ready for a new and exciting 2020.

National Seniors Australia (the independent voice of older Australians) have a great website. Check it out. Also check out the National Seniors Facebook page as well. Some very important issues have been dealt with by our CEO and Chief Advocate in this very challenging time for Seniors. Forest Lake Branch has a Facebook page for members where you will find some very interesting posts.

The next meeting date is Thursday 13 February at The Lion, Pine Road, Richlands. (Second Thursday of the month) 10am sign in, 10.30am start. The Branch meeting is followed by a planned activity. Join us if you can for lunch at The Lion afterwards. If you haven't been to one of our meetings make it your New Year's resolution for 2020.

On behalf of the membership of National Seniors Forest Lake: a very big thank you to all our local, state and federal politicians and staff for their great support; special thanks to Settlers and Karen for their wonderful support and sponsorship; special thanks to MTR Realty and Marilyn Thurtell for sponsorship and support of our monthly Newsletter; grateful thanks to The Lion, Richlands; to the Manager and staff at Heritage Bank Forest Lake and Board Members of Forest Lake One Community, thank you for the ongoing support and sponsorship in 2019; and finally, ongoing support from the GEO Group with special thanks to the management and staff at the Arthur Gorrie Correctional Centre.

To everyone in our wonderful community, we wish a safe Happy Christmas and a bright cheerful 2020.

To Susannah and staff at The Lake News, our warmest wishes and our grateful thanks.

From President Peter Dunell, to our wonderful dedicated management team and our volunteers, thank you all for another great year. Thank you to our past President Dan Baldwin for his many years of dedication steering our Branch to such great heights for the past eight years.

On behalf of all our wonderful members we wish you a very Merry Christmas and good health and happiness for the New Year. For further information contact Julie 3278 7274 or Peter 3372 9432.



Figure 1

100

100

Forest Lake Friendship Group



If you're new to Forest Lake, or just want to extend your social network, this is a great opportunity to meet new people, make friends and enjoy some friendly conversation.

3rd December: Morning Tea at DC's Forest Lake 10am

10th December: Morning Tea at DC's, Forest Lake 10am

17th December: Christmas Lunch at Richlands Tavern, Richlands 11.30am

ALL WELCOME

Phone Carolyn on 0408 796 260



Forest Lake Girl Guides *update*

by Lisa Charman

We've had such a busy time over the last several weeks at Girl Guides. We have had some great activities such as attending the final Centenary celebrations on the Gold Coast. There, we participated in a rally reminiscent of the first parade by the Scouting movement at Crystal Palace where a small group of girls joined at the end wanting to be involved. This was the start of Girl Guides.

It's amazing to think about what these young ladies achieved. We now have Girl Guides in over 125 Countries and over 10 million members worldwide. That is incredible!

We also had some great fun learning about science and STEM activities at the Mt Ommaney library, and have earned a number of badges throughout the year.

We'd also like to extend a huge thanks to our community for supporting our Guides by having their car washed. All funds raised have been for the cancer charity organisation *Love Your Sister*. We are so very proud of the fact that our older Guides were the one's who came up with the idea of wanting to do this. As Leaders, we are amazed how much these young ladies are selfless and want to contribute to such a great cause.

Our Guides have also contributed Christmas gifts to *Children in Care* via the Forest Lake Child Safety Service Centre to help brighten up some kids lives on Christmas Day.

Our Guides also went to Aveo Durack to spread some pre-Christmas cheer by singing traditional Christmas carols and handing out some handmade gifts. This created joy in not only the residents but the girls also enjoyed their time there.

To round off our year, we ended up playing barefoot bowls and had a special lunch at Durack Bowls Club.

We'd also like to thank the parents of our Guides. Their support in helping to get their daughters to weekly meetings, camp and other events is invaluable and without their support our girls wouldn't be able to enjoy such a rich and varied program.

We have one final fundraiser for 2019 which will be a BBQ at Bunnings on 27 December, so please come down, buy a sausage and support your local Girl Guides.

We wish all of our community a wonderful, happy and peaceful Christmas. See you in 2020 for some more fun, friends and adventure!



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MONDAY - FRIDAY Tutoring before & after school contact www.JanineRyan.com

MON 9:30AM Zumba Gold for Active Older Adults Sandra 0407 596 067
6:00PM Moon Lee Tae Kwan Do Wayne 0419 713 907
7:30PM ALP Board Meeting (4th Mon, Feb-Dec) Chas 3278 9805

TUES 9:15AM Balancing gentle exercise to music for seniors 3879 4020
11:30AM Indoor Bowls Bert 0404 503 286
6:00PM Yogalates & Meditation Class Barb 0433 963 414

WED 5:30PM Yogalates & Meditation Class Barb 0433 963 414
7:00PM Yogalates & Meditation Class Barb 0433 963 414
7:00PM Lions Club Business Meeting (2nd Wed) 3040 6622

THUR 9:30AM Zumba Gold for Active Older Adults Sandra 0407 596 067
7:00PM Lady Marlene's Burlesque Contact Lena 0414 278 802

FRI 9:00AM F'Lake Crafters Group
 Lynsay 3372 4938 Wendy 3879 1323

SAT 8:15AM Tiny Tutus School Ballet 3279 9111
3:00PM Open for Bookings

SUN 8:30AM Greater Mercy Christian Church
 Pastor Patrick 0432 592 848
5:00PM Pound Fun Fitness Workout Text Kylie 0414 155 367

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