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Goodna Redbank Plains Girl Guides provides girls and young women with experiences that are not only full of fun and friendship but that also give important life skills. See page 5 for the full story.



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Personally Speaking[™]

with Susannah Friis

Ever taken a personality quiz? In our family, we have a tendency to take any and every one around! And now, thanks to the internet, there is a vast array of types to choose from.

It fascinates me that as a society we are so taken with finding things out about ourselves. One of the biggest dangers, of course, is putting too much stock in the results of these quizzes. Obviously, there are some that have stood the test of time and are used by corporations as part of their interview process to ensure the best fit for new staff. Yet, I worry over us putting people in boxes, which personality quizzes can do.

There is the danger of restricting ourselves, too, by taking too much meaning from what these tests 'reveal' about us. I remember a line from an Enneagram quiz that said in the personality type description "When I scream, curse, and stomp around, try to remember that's just the way I am." So are we to excuse the bad behaviour of others and ourselves simply because it's one of the tendencies of a character trait?

When we define ourselves by what some test has said about us based on questions that are often weighted and over simplified, we limit ourselves and those around us, in all sorts of ways. If used properly, of course, these 'revelations' about ourselves can give us pause and can help us to change the things about us that need changing, such as the habit of 'screaming, cursing and stomping around'. We can choose to see these things in ourselves and either use the personality 'type' to rationalise our bad habits, or we can use it as an opportunity to grow and develop as a person.

We can be so quick to put people, and ourselves, in boxes, and really, it doesn't do any of us any good. In a world that gives rhetoric about being an individual, we are awfully good at giving people labels and not allowing them to move away from it!

Isn't it wonderful when you find yourself with someone who accepts you as you are but also encourages you to grow as a person? We need people who know us thoroughly but who allow us to evolve and change. Be that person. Be the one who loves others without question and allows change without surprise. And be that to you, too. Treat yourself like you would treat your best friend and watch yourself grow!

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Challenge accepted from an unusual request



Baby Jack with his mum, Jessica (right), and aunt Stephanie (left).

When baby Jack's Auntie Stephanie took to social media with an unusual request, she wasn't sure she'd have anyone accept the challenge.

"Jack is my grandmother's tenth great-grandchild," said Stephanie. "And so she set about knitting a pair of booties for him. Sadly, she passed away just three months before he was born and the booties were found unfinished amongst her things."

Jack's grandmother brought them home, not sure what to do with them as no-one else in the family knew how to knit and complete the booties. Stephanie then put out a call on social media to see if there was someone who could finish them.

"I didn't tell my sister Jessica what I was hoping to achieve," she said. "I wanted Nan's booties for Jack to be a surprise that could be given once he was born."

Local Springfield knitter, Shazza Kirk, answered the call and on finding she was unable to follow the intended pattern, passed them onto fellow knitting friend, Dianne McKane who happily took up the challenge.

"It's so special to see Jack wearing the booties that Nan started knitting for him," said Stephanie. "And it's such a beautiful story to tell him when he's older."







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Over 40 years of empowering young women and girls



Guides of the Goodna Redbank Plains group enjoy a movie night pyjama party.

For over 40 years, the Goodna Redbank Plains Girl Guides has been providing local girls with the opportunity to enjoy fun and friendship while gaining important life skills.

Many of the groups leaders have been involved in Guiding from five to 35 years, ensuring that current members of the Goodna Redbank Plains Girl Guides benefit from the collective knowledge and experience.

The Goodna Redbank Plains Girl Guides Hut is at 52 Church St, Goodna, with three units meeting weekly at this location. Meeting only during school term times, the 5-9 year olds meet on Monday from 6.00pm-7.30pm and 10-18 year olds meet on Tuesday from 6.00pm-8.00pm, with 40 Guides across the age groups.

"All Leaders at Goodna Redbank Plains strive to ensure our Guides are having fun while learning new skills amongst their peers," said District Manager, Robyn Hulbert.

"And we have a wide range of skills and fun including camping, cooking, community service, badge work, outdoor activities, as well as adventurous activities such as canoeing, abseiling, high ropes and archery.

"Guides of all ages are involved in decision making, planning, implementing and evaluating their activities," said Robyn. "Guides are mentored and encouraged to be part of a team and work collaboratively with their peers.

"Guides are also encouraged to challenge themselves and achieve to their full potential while being mentored by adult Leaders. The process used in the Australian Guide Program is: Discover, Decide, Plan, Do and Check."

Leadership opportunities are available to adults over 18 years of age. Girl Guides Queensland offers all their Leaders comprehensive training and support throughout the leadership journey. Leadership skills are updated on a regular basis. All adult Leaders and members must hold a positive notice Blue Card and First Aid qualifications.

If you're interesting in your daughter joining the Goodna Redbank Plains Girl Guides or becoming a Leader, District Manager Robyn Hulbert can be contacted by calling 0409 054 947 or by sending an email to robynhulbert@bigpond.com. More information can also be found by going to www.guidesqld.org.

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Goodna/Springfield Probus Club Update



by Robyn Girdler

Over the past number of months, I have regularly mentioned the monthly format for our club activities which include: a meeting, a morning tea, a lunch and an outing. It occurred to me that the idea of attending a meeting each month might sound a little dry and perhaps tedious to some of you. Let me review, for you, our meeting format with particular attention to our last meeting which was held on the first Wednesday in June, so you can gain an understanding of what the meetings entail.

Members arrive between 1.00pm and 1.30pm, for a 1.30pm start. We have a member coordinator who purchases the items needed for afternoon tea and who always appreciates any help given in setting up and cleaning up. A bring and share table is set up for members to swap items which can range anywhere from books and jigsaws to lemons. There is a lucky door prize for which tickets are distributed on arrival. New members are welcomed at the door. There is often time for a quick catch up before things get under way.

Our President chairs the meeting which follows usual meeting format. Business is kept to a minimum as we are a small club without the necessity for a lot of administration. The elected committee meet every two months to expedite most administrative matters. The Outings Coordinator discusses the morning teas and lunches as well as any upcoming outings. The Guest Speaker Coordinator lets us know which speakers have been organised for the near future. Members will already have received a copy of the monthly newsletter a few days before the meeting. So, mostly, the reports are clarifying and extending the information in the newsletter. If you would like to read a copy of our newsletter, you will find a copy on our website.

The business of the meeting is usually followed by a five to ten minute spot which is a short presentation by one of our members. However, every June we donate towels to the *Giving with Love* group who provide care packages for newborns to twelve year olds entering foster care. So a member of the group came to speak to us at the June meeting and to receive our donations.

There is a break in the proceedings to allow for some afternoon tea and chatting with friends. This month, there was a birthday cake which only occurs when someone achieves a significant birthday.

The guest speaker for the month provided us with information about Macular Degeneration which, I think, gave many of us some food for thought. The meeting finished at around 3.30pm.

Are you looking for a combined social club for retired or semi-retired men and women? Are you looking for fun, fellowship and friendship? The Probus Club of Goodna-Springfield meets on the first Wednesday of each month at 1.30pm at Camira Friends and Neighbours Hall, Bruce Lane, Camira. If you would like to come along to a meeting or need more information, please phone Penny on 0412 270 628 or email gsprobus08@outlook.com. Visitors are always welcome and your first visit will be free of charge.



Tribute to Barry Ingleton

from David Morrison

When the story of Greater Springfield is told, Barry Ingleton should always have a mention. Barry developed The Spring Lake Village where IGA is and Spring Lake Metro where the Spring Lake Function Centre is located. Unfortunately when the GFC hit the world, Barry lost everything he had.

It was always Barry's vision to develop the gap between Spring Lake Village and Spring Lake Metro with high class units overlooking Spring Lake. Barry always regretted not being able to make this a reality.

I was saddened to hear that Barry passed away on 22 May. Barry was one of those people you would meet and would always leave inspired just from talking and spending time with him.

Our thoughts and prayers are with his wife Annemarie and family at this time of loss.

Pictured right: Former Cr David Morrison with his wife Susan along with Annemarie and Barry Ingleton at the opening of Sinnathamby Boulevard.



Pictured above: David Morrison and Barry Ingleton in the foyer of the Spring Lake Function Centre during its construction.

FROM THE DESK OF

Charis Mullen MP

State Member for Jordan



The 2019- 20 State Budget has a focus on issues that matter to those in the electorate of Jordan – the creation of jobs, the opportunity of education, accessible healthcare, safe and inclusive communities, reducing cost of living pressures and infrastructure for our growing region.

We are backing jobs in this Budget. 207,000 jobs have been created by the Palaszczuk Government – made possible via investing in job-generating infrastructure, increasing frontline services and focussing on new industries and diversifying our economy.

I also know that particularly in areas like Greater Springfield, small and medium businesses are vital to the economic prosperity of our region. The Queensland Government through this Budget has made an \$885 million commitment in targeted payroll tax initiatives that will deliver lower taxes for an estimated 13,200 small and medium businesses – a commitment certainly welcomed by our hardworking local business owners.

I'm also particularly mindful that mortgage pressures and cost of living are significant issues for those in my electorate. That is why I'm pleased to see more than \$5.66 billion in significant rebates and concessions - an increase of \$76 million from last year.

I regularly provide support to constituents to access some of these concessions and this boost in funding means I can look forward to assisting even more Jordan electorate constituents to access those things that help them with those cost of living pressures.

Other local State Budget highlights includes:

Education

- \$10 million for Springfield Central State High School – new classrooms
- \$550,000 for Woodcrest State College – Community Hub & outdoor learning areas
- \$2.7 million for Augusta State School – new classrooms

Health

- Logan Hospital Expansion - \$460.9 million
- Ipswich Hospital Expansion - \$127.5 million
- \$62 million in Suicide Prevention & Mental Health

Services

- \$2.36 million in targeted health services for Jordan community Infrastructure
- \$44.5 million for Springfield Central Park n Ride – finalise detailed design and begin construction
- Funding for Centenary Highway (Logan Motorway to Willowbank) transport project planning
- Funding for Ipswich Network Planning (Bus services) and route planning for Springfield Rail line extension.

If you would like to find out more about the Queensland State Budget, contact the Jordan Electorate office on 3447 9300 or jordan@parliament.qld.gov.au.

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Camira Friends & Neighbours

Update by Barb Gorman

We held our second Hoy day for this year early in May. Once again thanks to our regular callers Colin Harvey and Trevor Malynn. Thanks also to Jacki and Joe O'Dowd who shopped for the prizes. Joe and Jackie always provide a variety of prizes which are appreciated by the winners.

The following week we had Liar's Club Day. The format of the day is very similar to the American game show which featured a panel of celebrity guests who offered explanations of obscure or unusual objects. Contestants then attempted to determine which explanation was correct in order to win a prize. Major differences in our Liar's Club Day from that show are that we don't have celebrity guests, we don't have prizes and we explain unusual words. Colin Harvey selects six unusual words and three club members present explanations of the words. Each of the three panel members tells the truth about two words and lies about the remaining four. Club members vote on who they believe is telling the truth. Thanks to Joe O'Dowd and Sue Hardy who presented on the day and I was happy to take the third place on the panel. When you are dealing with words such as Catoptromancy, Aspergillum and Gaberlunzie for example, it can be a bit difficult to identify the true meaning! It was all good fun.

It was great to see members getting into the spirit by dressing in Maroon and even a few in Blue to support their team at our meeting held on Origin Day.

Congratulations to Muriel and Colin Harvey as they celebrated their 60th Wedding Anniversary recently and happy birthday to Colleen Kaas as she celebrated a significant zero birthday.

It is with sadness that I report the recent passing of longstanding club member John Appleman. John joined the club in 2006. Vale John!

Many members joined in the Back to the Tivoli Bus Trip on 19th June. It was a good morning of entertainment and after the show we had time to enjoy lunch at our leisure.

On 22nd August we will be visiting Parliament House. Everyone is welcome to join in. If you would like more information about this day trip contact Val Malynn on 3288 2689 or Suzanne Jessen on 0408 068 305 or send an email to suzannej46@hotmail.com.

Entries now open for Ipswich Film Festival for Youth

Ipswich City Council is proud to launch the Ipswich Film Festival for Youth (IFFY) short film competition for 2019, with entries open from Monday, 15 July to Friday, 20 September. Youth aged from seven to 25 years are invited to make a short film with their friends and submit the film to be in the running for some great prizes.

The competition has evolved to include three age group categories: 7-11 years, 12-17 years and 18-25 years, with prizes for each category. The theme for this year's competition is 'FUTURE – What is Possible...'

The Ipswich Film Festival for Youth short film screening and award ceremony will be hosted at The Circle, Robelle Domain on Saturday, 19 October at the following times for each age group category: 7-11 years at 2.00pm; 12-17 years at 4.00pm; 18-25 years at 6.30pm.

The categories for each age group are:

7 – 11 Year - Best Picture (age overall winner); Share It (social media format – phone video recordings in portrait or landscape); Single Shot (60 seconds non-stop); Silent Film (black and white with no audio).

12 – 17 Years - Best Picture (age overall winner); Documentary (storytelling); Sci-Fi; School Entry (school groups only).

18 – 25 Years - Best Picture (age overall winner); Documentary (storytelling); Music Video (video to suit the soundtrack Evolution (this is a royalty-free soundtrack, but entrants must credit Bensound); Animation/Stop Motion (comic or computer animated).

Prizes awarded for each age group category include a major prize of a GoPro and minor prizes of gift cards, with a total prize value of \$3,600.

Get further details on the competition, screening and awards ceremony and upload your 1-3 minute short film for the Ipswich Film Festival for Youth to Film Freeway by going to <https://filmfreeway.com/IFFY2019>.



Talking Teeth

with Dr Bryan Dubbeldam
Robelle Dental Centre

Thank you for taking the time to read this column over the last 12 months. I certainly have gained a new understanding of the work Susannah and the team need to do to get this magazine delivered. Though I have enjoyed taking the time to write this piece monthly, I have decided that I will take a little break to plan out the next series of articles and return sometime in 2020.

My goal was not only to promote my practice but also to provide general dental information for the benefit of the Greater Springfield community. My advice, and that of the dental profession in general, is that prevention is better than cure.

Our signature public health event is coming up in August once again. The theme for this year's Dental Health Week is 'How's Your Oral Health Tracking?' Despite the many public health campaigns, many Australians continue to put their oral health at risk. Around half do not brush their teeth twice a day, almost half never clean in between their teeth at all and 65% of Australians haven't seen their dentist in over two years.

Even more worrying, almost three-quarters of young people are consuming too much sugar, increasing the likelihood that they too will suffer from a preventable disease – tooth decay. Combined, this adds to the burden of disease, and therefore to costs to society and the individual to treat and manage this problem.

As I have written before, the solution is so surprisingly simple. We aren't going to put dentists out of business just yet, as we will be needed to manage dental trauma, and the existing dental disease, but new problems could largely cease to exist.

It really is as easy as brushing twice a day with a fluoride toothpaste for two minutes. Take the time to floss a few times a week, sure it should be daily, but let's aim for a realistic and achievable goal. Watch what you eat. A donut or a biscuit with a cuppa every now and again is going to be OK. Regular snacking on high sugar foods is not, and please avoid soft drinks. Not only does a 375ml can of cola have 10 teaspoons of sugar but it is also highly acidic. So called healthy options such as iced teas and vitamin waters aren't much better.

Take the time to make an appointment with your dentist at least once a year. If you haven't been so diligent with your prevention strategy, at least we can detect a problem before it becomes a big one.

If you need to learn more, please contact us on 3470 1313 or check out our website robelledental.com.au. My best wishes until next year, Bryan.



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ROTARY CLUB of Greater Springfield

UPDATE BY Fiona Lorimer



The Greater Springfield club is part of Rotary District 9630 which encompasses clubs from Redland Bay to as far west as Charleville and St. George. One of the district's mottos is 'Helping Communities from the Bush to the Beach and Beyond'. As part of this focus, clubs within the district are great supporters of education projects, especially reading.

Greater Springfield club member Rosemary Kelly recently visited Springfield Central State School to present a set of 24 science books from the 'Suzie the Scientist' early reader series. The books are designed to be aligned with the Australian Curriculum and will be placed in the school library targeting Prep/Kindergarten - Year 2 students. Principal Angela Gooley gratefully received the books saying, "The books are supplementing our range of take-home readers that enable students to not only develop their reading and comprehension skills but build their love of reading."

Our club has previously linked with the school to introduce the Rotary Junior Community Award. Students in the final year of primary school have had the opportunity to undertake a range of tasks based on gaining skills and learning about our community. The aims of the award are to develop care for others, lifelong skills and a greater understanding of community activities and values. The club looks forward to an ongoing relationship with the school to assist with student development.

A key focus for our district in recent years has been drought relief. As part of these efforts, the Rotary Reading Assistance Project (RRAP) has provided over 100 children aged three to five years old within drought-affected area with one reading book per month.

Drought can have a multitude of impacts on families particularly when funds become limited. Resources such as reading books can become prohibitively expensive. Rotarians from our District understand that a love of reading underpins all educational outcomes and have followed the obligation to assist. Children and their families eagerly await receipt of their books each month by personal delivery from local Rotarians, via mail or delivery to child-care centres and kindergartens. Books can be handed down to younger children as well as other families within the community.

The Rotary Club of Greater Springfield meets at 6.30pm each Thursday evening at Aveo Springfield, 2 Symphony Way, Springfield Central. For enquiries regarding club activities, contact Fiona Lorimer on 0413 801 300.



Then & Now

a look back at Greater Springfield with David Morrison

I say to people that often the easiest thing to do in life is to start something while the hardest thing is often sustaining what you commenced.

When reflecting on all that has happened in Greater Springfield I thought of Graham and Susannah Friis who, alongside Susannah's parents, Chris and Betty Wren had a vision back in 1997 to produce a monthly community news magazine called The Springfield Times.

The Springfield Times has grown into the professional monthly magazine called The Greater Springfield Times. The edition you are reading this month is Issue number 271.

That is 271 months of preparing, publishing and delivering this magazine through times when many printed magazines ceased being printed.

Many residents tell me they appreciate The Greater Springfield Times as it is very community focused and informative.

The earliest copy of the Springfield Times I have is issue 34 from February 2000. This is the year I was first elected as local Councillor and the year that Woodcrest State College enrolled year 8 students for the first time and you could purchase a three bedroom house and land in Springfield Lakes for \$115K.

I am sure many residents including myself are encouraged by the 'Personally Speaking' column written by Susannah each month.

A sincere thank you to Chris, Betty, Graham and Susannah for having the vision to commence The Springfield Times and a huge congratulations for what it has become today and for keeping the Greater Springfield community well informed.





Can tree planting benefit koalas and climate change?

Before European settlement koalas were abundant across the east coast of Australia. We know that koalas like larger trees, older forests and low disturbance from fire and logging. While humans need the modern conveniences of roads, shops and houses and schools, we should be trying to build in places that are not known koala habitat.

Rapid habitat loss and fragmentation via land clearing and urban development is leading to the removal of vital food and habitat trees for koalas. This has resulted in dramatic falls in koala numbers. From a local perspective, koalas are found in a small area of habitat from Camira to Bellbird Park. Just how many we have is not known. If nothing is done to protect and reconnect koala habitat, population declines will continue unabated and extinction seems inevitable.

So it's important that we protect old growth forest and large eucalypts. If we protect their habitat, we also help protect other native animals. Clearing of the eucalypt forests means that all wildlife, including koalas, will suffer from increased disturbance by humans, injury or death from traffic, dogs and cats and increased competition for food and territory because of overcrowding. There is also increased stress on animals, making them more susceptible to disease.



by Anne-Marie Beardon

So the solution to helping them is obvious—plant trees. Not only will you be helping koalas and other wildlife but you'll also be reducing climate change as trees curb climate change directly by removing carbon dioxide from the atmosphere. Through the process of photosynthesis, forests offset 10 to 20 percent of the country's greenhouse gas emissions each year. Additionally, trees help protect against climate impacts such as flooding, which is getting worse with more locally heavy precipitation.

Trees in urban areas can:

- reduce urban heat island effect and lower air conditioning needs by as much as 30 percent by providing a natural shade,
- lower energy consumption means fewer carbon dioxide emissions,
- catch rainwater, reducing erosion, and creating more permeable soils—trees are crucial for water and air quality,
- absorb airborne pollutants and intercept particulate matter, helping reduce the throat irritation, asthma, and even premature death that these pollutants may cause.

Planting trees can contribute to a healthier planet while improving our daily lives. So SLNC will be planting some small trees with Lendlease to re-vegetate a section of Regatta Lake to commemorate National Tree Day which is on Sunday July 28th. To find out more about our group and events follow us on Facebook www.facebook.com/SpringfieldLakesNatureCare or on our webpage www.facebook.com/SpringfieldLakesNatureCare or contact us through info@SpringfieldLakesnatureCare.org.au.



What's On @ Gailes Community House

30 Karina Street, Gailes. Ph: 3879 3004

www.gailescommunityhouse.com.au

Monday:	Kidz Biz after school program	3.30pm – 5.00pm	FREE
Tuesday:	Social Cooking Group	9.30am – 12.30pm	\$5 per session
	Card Making class	Noon – 2.00pm	\$4 per session
Wednesday:	Little Gems Playgroup (0-5yr olds)	9.30am – 11.30am	FREE
Thursday:	Sewing and mending group	9.30am – 11.30am	\$4 per session
	Gailes BoBs (Bunch of Blokes)	10.30am – 12.30pm	\$4 per session
	Budget Grub Hub	11.30am – 1.15pm	One off \$5 Membership fee
<i>Affordable food shopping to help relieve the financial strain. (For residents of Gailes and Camira only)</i>			

Local Clubs & Groups

Aiki Jutsu Martial Arts USQ
Yong: 3470 4420 goh@usq.edu.au

Augustine Heights Cheeky Monkeys
Anna 0405 450 704
Harriot 0417 014 873

Bushwalking & Environmental Groups, S'field Lloyd 3282 3737

Camira Slimmers Joan 3288 4703

Camira Scout Group
Asst Group Leader - Stephanie - 0401 395 408
District Commissioner - Greg - 0414 494 389

Community Centres:
Springfield Lakes 3288 2292
Camira/S'field Chris 38180921(bh)

Community House, Gailes
3879 3004

Friends & Neighbours Club, Camira
Suzanne 3818 2875 or 0408 068 305

Good News Group
Jean 38181986 Anna 38180454

Goodna Redbank Plains Girl Guides
Robyn 0409 054 947
robynhulbert@bigpond.com

Jacaranda Jam Community Choir
Angela 3818 3449

Karate - TSKF Springfield
Sensei Chris Myers 0423 386 676
tskf@springfield@gmail.com

Lions Club of Greater Springfield
Ray 0434 037 480

National Srs, Goodna/Redbank
Vera 3271 2772
Rosemarie 3282 1093

Probus Club of Goodna-Springfield
Penny 0412 270 628

Redhookers Fishing Club Inc
Felix 3814 3845 www.rhfc.com.au

Rotary Club of Goodna
0421 531 099
Email: rcgoodna@rotary9630.org

Rotary Club of Greater Springfield
Fiona 0413 801 300

Springfield Camira Men's Shed
Ph: Roland - 0413 319 558
Email: springfieldmensshed@gmail.com

Springfield Community Inc
email.gsc.inc@gmail.com

Springfield/Ipswich Chess Club
Ed 0431 065 425

Springfield Lakes Girl Guides
Samantha 0425 786 522
springfieldlakesgirlguides@hotmail.com

S'Field Lakes Maritime Modellers Inc,
sites.google.com/site/springfieldlakesmmmodellers/home

Springfield Sparklers
Senior Dance Troupe
Christine 0414 451 438

Toastmasters, Springfield Lakes
Bill 0400 561 264

Toastmasters, Goodna, Ipswich
Mike 3372 4349

Trefoil Guild, Centenary
Merril 3372 2735

Westside Community Care
Rita 3818 0921

Westlife Community & Westlife Care
Yvonne 3381 9988

Westside Business. Women Group
www.westsidebusinesswomen.com

Westside Spiritual Haven Meditation
Yvonne 0422551 102

Wine Club, Springfield Di 3288 3388

Women's Group, Springfield & Surrounds
Sarah 3812 0138

Youth Nights (Friday Nights)
High school aged & young uni,
Stacey 0425 715 714

Youth Space, Goodna
Danny or Vince 3818 9934

Sport & Fitness

AFL - Collingwood Park Power AFC
Redbank Plains - 3040 0232
powerafc@live.com.au

AFL - Greater Springfield Storm AFC
Luke 0420 476 829
president@greaterspringfieldstorm.org
www.greaterspringfieldstorm.org

Athletics - Goodna Little Athletics
0403 813 676 or 0419 197 272
www.goodnalittleas.com

Basketball - Springfield Brumbies
springfieldbrumbies.com.au
springfieldbrumbies@gmail.com

Baseball - Western Districts Bulldogs
Laurie 0421 137 406
www.wests.baseball.com.au

Canoe Polo, Springfield Lakes
Mick 0402 643 465

Community Walking Group:
Last Friday of the month 8am at Aveo
Springfield, 7004 Health Care Drive,
Springfield Central

Crickit Club, Eastern Raiders
Bruce 0418 742 307
eastern-raiders@hotmail.com

Dragon Boat Club, Lake's District
Paul 0419 729 877 Greg 0418 732 672

Football (Soccer) Clubs:
Western Spirit Phone: 3818 6160
Futsal: Jan: 0414 661 911 spiritfc.com.au
enquiries@spiritfc.com.au
Springfield FC info.sufc@gmail.com

Golf Groups, Social
Spring Lakes Steve 0408 913 112
S'Field Lakes, Russell 3288 1285
John 3814 5633

Indoor Bowls
Eric & May 3814 0887

Indoor Soccer, Springfield
Yan Christensen 3818 0008

KICKXercise
contact Camira/S'field Community House
3818 0921

Netball Club, Springfield Lakes
E: springlakesnc@hotmail.com
Facebook: Springfield Lakes Netball Club

Orienteering Club, Ugly Gully
Lee 3378 7375

Orion Springfield Run for Life
Phil Cutcliffe 3818 2915

Radio Model Yacht Club
David 3879 6220 Robert 3288 3542

Rugby League
S'Field Panthers Scott 0405 108 931

Rugby League, Juniors:
S'Field Gary 3818 7370 Tony 3288 5924
Redbank Plains Jarrod 0421 504 531

Rugby Union Clubs
Goodna Peter Aiavao 0427 751 506
S'Lakes Hawks Jeremy 0449 682 960

Running Group Greg 0408 628 104

Softball Club
Camira John or Julie Ashby 3288 1986
Raiders Mitch 0423 262 906
raidersizps@hotmail.com

Softball, OzPitch, Springfield Lakes
Rebecca 3391 2447

Swim Club, Waterworx Amateur Club
Amanda 0434 868 611
Email: www.worxrace@gmail.com

Touch Football
Springfield Lakes Paul 0411 348 470
Redbank Plains Jarrod 0421 504 531

Tennis, Springfield Lakes Social
3381 9652

Table Tennis Assoc, Ipswich
David 3282 4708 Glen 3389 6563

Trim & Tone Exercise Group
Lisa Purcell 0428 822 010

Walking Group:
Springfield Lakes Heart Foundation and
Orion Walkers 3810 6666
healthy4life@ipswich.qld.gov.au

Westminster Warriors Soccer Club
Redbank Plains Ph: 0450 005 152

Families & Health

Alcoholics Anonymous
Ph 3255 9162
www.aa.org.au

Al-Anon Family Groups.
For friends & family of alcoholics or
problem drinkers
Ph: 1300 252 666
Email: afigsq@bigpond.com

Asperger Services Aust West
Brisbane Region Support Group
Ph Jane 3278 3082

Australian Breastfeeding Association
Springfield & surrounds
Amanda 0431 850 241
Email: springfielddaba@gmail.com

Christian Family & Westside
Community Care, Springfield
Phil Cutcliff 3818 2915

Falun Dafa
Louise 3411 1174
www.falundafa.org

Ipswich Multiple Birth Association
Jennifer 0411 789 850 www.imba.net.au

Kites Family Day Care
3818 0329
admin@kitesfdc.org.au

New Parent Group - Springfield Lakes
Megann - 0499 652 808

Playtime, Camira/Springfield
Comm Ctr, Robyn 3818 0921

Playgroup, Gumnuts, Camira
Tenille 3818 6470, 0421 4480 046

Playgroup, Springfield Lakes
Heather 3288 1744

St John Ambulance Bellbird Park Div
Enquiries 0413 448 031

SNAP
for special needs,
Camira/S'Field Comm Centre,
Lois 0414 318 623

Suicide Bereavement Support Assoc
Lynne 1300 767 022
www.sosbsa.org.au

Churches

Arise Lutheran Church, S'Field Central
Pastor Matt Wilksch 0447 656 793

Breakthrough Church Springfield
Ps David Vaka 0434 421 720

Camira Christian Assembly
0431 663 228

Christian Outreach Centre
Bellbird Park 0433 680 223

Creek Road Presbyterian Church
Springfield 3398 4333
www.creekroad.org.au

Disciples Church Springfield
Ps Greg Gardiner www.disciples.org.au

El Shaddai Worship Ministry - Camira
Ps Milena Stavljanin - 0424 634 825

Grace Christian Church
Redbank Plains 0409 272 007
www.gracecc.com.au

Hillsong Brisbane West
Springfield Central 3381 9988
email: brisbanewest@hillsong.com

Maranatha Worship Centre Camira -
Multicultural Church, 3271 4712

Oasis Church Springfield
www.theoasis.org.au 3282 0847
Ps Don Stewart 0421 870 754

Our Lady of the Southern Cross Parish
Parish Office 3324 3900
Fr Mauro Conte 0417 726 521

Springfield Anglican Church
Rev'd Charlie Lacey 0476 818 763

Springfield Community Baptist Church
Camira/Springfield Community Centre
Ph 0432 579 205

Springfield Christian Family 3818 2915
info@springfieldchristianfamily.org.au

Voice of the Lord Assembly (African Church)
Mr Godfrey Egwu 0420 308 097
voiceofthelordassembly@yahoo.com

Westside Spiritual Haven Camira
Yvonne 0422 551 102

Westside Christian Church Camira
Ps Josh Hartog 0423 814 700
www.westsidechristianchurch.com.au

Hobbies, Arts & Craft

Active Crafts
Sharon 0402 342 551

Cross Stitch Club
Chris 3217 0976

Rubber Stamp & Scrapbook Club
Karen 3814 3525
Ingrid 3288 4614



Schools

Camira State School, Playgroup & P&C
3381 4888 www.camirass.eq.edu.au

Good Shepherd Catholic Primary
Ph: 3437 5000
www.goodshepherd.qld.edu.au

Hymba Yumba Community Hub
Prep - 12 Ph: 3381 8134
www.hymbayumba.qld.edu.au

Kindergarten Assoc Camira 3818 1789

Redbank Plains:
Primary: 3814 9222
www.redbplaiass.eq.edu.au/wcmss
State High: 3432 1222
www.redbplaiass.eq.edu.au

Redbank Primary 3381 4111

St Augustines College
3814 8300 www.stac.qld.edu.au

St Peter's Lutheran College
3470 3888 www.stpeters.qld.edu.au

S'Field Lakes State School 3437 9888
www.springfieldlakesss.eq.edu.au

Staines Memorial College 3814 8600
www.staines.qld.edu.au

The Springfield Anglican College
Primary Campus 3818 5777
Senior Campus 3814 8100
www.tsac.qld.edu.au

Westside Christian College (Goodna)
Grade (1-3) 3437 9001
Grade (4-12) 3437 9000
Prep 3437 9004 OSHC 3381 0529
www.wcc.qld.edu.au

Woodcrest State College (S'Field)
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Middle Campus 3437 9555
Senior Campus 3437 9666
www.woodcrestsc.eq.edu.au

Government

Federal Members
Milton Dick MP (Oxley)
Ph 3879 6440
Milton.Dick.MP@aph.gov.au

Shayne Neumann MP (Blair)
Ph 3201 5300
shayne.neumann.mp@aph.gov.au

State Members
Jo-Ann Miller MP (Bundamba)
3288 3737 / 3844 8101
bundamba@parliament.qld.gov.au

Charis Mullen MP (Jordan)
3447 9300
jordan@parliament.qld.gov.au

Ipswich City Council
General Enquiries 3810 6666

Local MPs
Justice of the Peace (Qual)
Suzanne Donovan 3818 3915
Thien Nguyen 3288 5221
Dallas Tunnah 3288 3175
Gail Frawley 0401 222 671

Commissioner for Declarations
Harold James Jackson 3389 1418

GET INVOLVED

Groups & organisations listed are not for profit and run by volunteers.
If your group would like their contact information listed please send your request to springfieldtimes@lnp.net.au

THE Art Studio

with Jolanta



I have a dream that one day, Ipswich will have at its heart a cutting edge creative hub working as community, meeting, playing, designing, experimenting, working, testing and creating. A place where art, creative and designs start-ups come to, supported by the local council as well as organisations, a place that in no time becomes the heart of the local community.

With the latest invitation extended to the community and individual groups to provide input into the local council planning and how resources could be allocated, it's worth dreaming about.

Interestingly, it was the most amazing, heart and mind captivating experience to see such place in action just days ago.

Located in the middle of suburbia in one of the busiest Central European cities, the cultural hub of Europe, the centre opens its door to the public six days a week for at least eight hours a day. The hub is fully staffed with practitioners in their field, specialising in textile art (yes, no mistyping here... textile art), 3D printing, laser printing, metal work, electronics and experiential process to name a few. The place welcomes individuals, students, designers, engineers, artists, hobbyists, anyone who wants to expand, learn, experiment, explore, design, make and create.

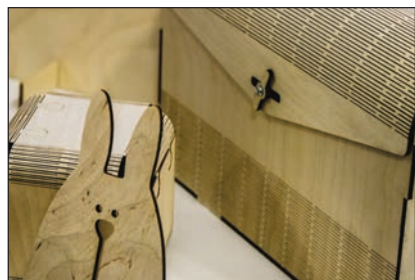


The textile studio took my breath away...the space offers a Longarm Bernina machine (over 60cm in length) as well as laser controlled Longarm stitch machine with a three meter frame—a machine that would put any textile quilt artist into a spin! If that's not enough, there were five multifunctional top of the range sewing machines as well as embroidery machine stitching with the speed of 1000 stitches per minute! A few overlockers and cover lockers are thrown into the mix just to finish the impressive list. The textile studio is fitted with the latest Olfa gear, tools and materials.

Since opening its doors less than two years ago, the place has witnessed the conception and birth of a few start up design businesses as well as assisted the local university's students undertaking a project that won one of the most recent NASA space agency competitions.

There are no projects too small to be tackled with the help and assistance of the great, experienced and passionate staff on hand. The centre is funded by local government, equivalent of state government as well as private and business donations. This is the place to hang around where creativity and dreams become reality.

The centre is open to anyone and all the tools, machines and gear, together with materials are available for anyone to use for their play, learning, designing and making or any mix of the above. The payment model is based on a small



monthly subscription fee (students discounts apply) or single use fee. In addition, the hub runs regular workshops as well as meet/get together activities to engage and activate the broadest community possible.

Above: Jolanta Szymczyk with creative hub FabLab Malopolska manager, Ewa Pasińska. Left: Exploring qualities of timber.

What's On at the

CAMIRA SPRINGFIELD COMMUNITY CENTRE

PHONE: 3818 0921
389 OLD LOGAN ROAD, CAMIRA

www.westsidcommunitycare.org.au

Hall For Hire - Parties, Sports, Meetings

MON - FRI	Kids Club OSH Care Before and After School Care Vacation Care
MON	
9.15-10.15AM	Konga the Jungle Body
3.45-6.00PM	Hardihood Theatre
6.30-7.45PM	Atomic Rose Dance Class
TUES	
12.30-3.00PM	Arts Laughs n Crafts
6.30-7.30PM	Rhee Tae Kwondo
6.30-8.30PM	Goodna Gymnastics
WED	
9.15-11.00AM	Petite Stars
9.30-10.30AM	Goodna Gymnastics
1.00-2.30PM	Let's Dance - Free Line dancing classes
3.30-5.00PM	KNECT Kids Primary (fortnightly)
6.15-7.15PM	Konga the Jungle Body
5.30-7.00PM	Karate
2.00-7.00PM	Mobile Library (fortnightly)
THUR	
6.30-7.30PM	Rhee Tae Kwon Do
6.30-8.00PM	Goodna Gymnastics
FRI	
9.30-11.30AM	Playtime
7.00-10.00PM	KNECT Youth
SAT	
9.00-2.00PM	Free Pentecostal Church of Australia
9.00-NOON	Goodna Gymnastics
7.00-10.00PM	SDA Volleyball
SUN	
7.00-8.30AM	Congregational Christian Church of Samoa
8.30-12.30PM	Springfield Community Church

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a message
from the
desk of

Milton Dick MP
FEDERAL MEMBER FOR OXLEY



The National Disability Insurance Scheme began rolling out in Queensland in 2016 and has now been in operation throughout our region for the past 12 months.

The NDIS has been designed to provide all Australians under the age of 65 with a permanent and significant disability with the reasonable and necessary supports they need to live a better life.

However many local residents, schools and community groups have given me strong feedback about their frustrations and difficulties with receiving the care they need under the NDIS.

To ensure our community has an opportunity to share their experiences with the NDIS, I recently hosted a Feedback Forum with Bill Shorten, who is the newly appointed Federal Shadow Minister for the NDIS.

Bill was one of the key architects of the original NDIS, which has unfortunately been neglected by the government in recent years.

At the forum, we heard of the many difficulties that local residents are having including poor communication, lengthy delays and unnecessary paperwork putting undue stress on many people who are already doing it tough.

Recent new figures have also shown that the Government will underspend by \$1.6 billion on the NDIS over the next four years.

As a result, many Australians with a disability are simply not receiving the support they need. There are currently almost 50,000 people being supported by the NDIS in Queensland, with this number expected to grow

It's important that we take the necessary steps now and listen to the feedback of people using the system to make sure we get this right.

I'll be writing to the Government to take this feedback on board and to ask them to provide the support that our local community needs.

If you would like to share your experience with the NDIS, please reach out to my office. As always, if there's anything I can ever help with, please email me Milton.Dick.MP@aph.gov.au or give my office a call on 3879 6440.



Cancer Connect

Talk to someone
who's been there

Cancer Council Queensland is inviting people who have been affected by cancer to seek support from trained volunteers who have had a similar cancer experience.

To find out
more call the

 **Cancer Council
Helpline
13 11 20**



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