

Cupcake Day for the RSPCA on this month

The biggest bake-off in the Southern Hemisphere is back - Cupcake Day for the RSPCA! See page 5 for the full story.



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Personally Speaking[™]

with Susannah Friis

I recently received a hand written card as a 'thank you' from a company that had sent me a media release which I had used. Now, I receive many, many media releases every week, and sometimes we publish them, and sometimes we don't depending on relevance to the Forest Lake area. Occasionally, I'll receive an email from the sender of one I've published, thanking me for publishing their release. Receiving a hand written card was a first though, and I was so appreciative of the time it had taken them to write and send it to me.

In this digital age, especially in a work setting, it's easy to forget the 'old fashioned' ways that have been replaced by emails, text messages, instagram, linkedin and a plethora of other communication platforms.

It wasn't only the fact that it was a physical card, it was the time and thought that had gone into it that impressed me. Going that one step further to show your appreciation isn't the norm these days and it was refreshing to be on the receiving end.

When we go just that one step further and take the time to express our gratitude, it imbues the receiver with a sense of importance and of being seen and not taken for granted. It's so easy as we all bustle along in life to forget to give thanks where it's due and show appreciation for things done for us. And I don't think it necessarily shows a lack of appreciation—I'm sure people are thankful and appreciative—but rather is a lack of time in which to express that thanks.

I love seeing the posts on the community forum that praise a local staff member or an unknown stranger caught doing a good deed. We need more exposure of the good things that are happening all around us and the opportunity to share that experience with others.

One of the foundations of our publications that my father, who started them, was strident about was that they be used to highlight the good in our community and give the generosity kindness of others a platform on which to shine.

Nothing gives me greater pleasure than publishing a story about a neighbour helping out another neighbour or a stranger coming to the aid of someone in need. Let's go the extra mile, show our appreciation for all the good that is happening on our doorstep and fill the pages of The Greater Springfield Times with stories of generosity, kindness and compassion for others.

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ROTARY CLUB of Greater Springfield

UPDATE BY
Fiona Lorimer



It can be difficult to keep politicians away from sharp implements. If they're not involved in the cutting of a celebratory cake, our elected representatives are often asked to take centre stage at a ribbon cutting.

At the recent Bark in the Park event at Springfield Central, the Rotary Club of Greater Springfield was please to debut its new marquee. Charis Mullen, the State Member for Jordan and host of the event was pleased to assist with its ceremonial 'opening'.



The marquee was purchased with funds gratefully received from an Ipswich City Council grant. Club members were kept shaded while running a fund-raising sausage sizzle to feed hungry event visitors (and some of their dogs!). As well as assisting with Bark In The Park, the club has regularly volunteered at a number of community events. Some of the programs and events our club has assisted with in recent years include the Clean Up Australia Day and Adopt-A-Road cleanup campaigns, citizenship ceremonies, tree planting projects, the Brookwater Residents Christmas Party and most recently the USQ Springfield Open Day. Club members can also be found several times a year at Bunnings Springfield cooking up a storm at the store's iconic sausage sizzles.

Are you a reader new to the Greater Springfield area or a longer term resident seeking to make new friends and contacts in the area? Such volunteer work offers our club members an excellent opportunity to mix and network with the community while performing satisfying charitable work. Members also experience the enjoyment gained from participation in key community events. The club looks forward to welcoming new members who seek such benefits along with the other satisfaction Rotary can provide.

Should you spot our marquee at a community event, we'd love you to come up and have a chat with our members. If interested, we're more than happy to share our Rotary experiences and how they've made members feel more like they're part of the Greater Springfield community. You're always welcome to come to our weekly meetings as well.

The Rotary Club of Greater Springfield meets at 6.30pm each Thursday evening at Aveo Springfield, 2 Symphony Way, Springfield Central. For enquiries regarding club activities, contact me, Fiona Lorimer on 0413 801 300.

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Queensland Pops Orchestra comes to Corinda

To celebrate the 100th Anniversary of the founding of the Corinda RSL Sub-Branch (now the Sherwood-Indooroopilly RSL Sub-Branch) the Queensland Pops Orchestra, featuring some of the State's finest musicians, will perform at the St Aidan's School Auditorium, Corinda on Saturday night 21 September.

Tickets are only \$45 per person or \$140 for a family of four (ie Mum, Dad and two school children) and each ticket includes a free drink per person on arrival. Doors open from 6.30pm.

With strictly limited seating, residents can buy tickets online at www.trybooking.com/BCCVY (a small online booking fee applies) or from the Sherwood-Indooroopilly RSL Sub-Branch, 2 Clewley St, Corinda opposite Sherwood Services Club.

For more information, please call the Sherwood-Indooroopilly RSL Sub-Branch on 3278 6786 between 10.00am and 3.00pm, Monday to Friday.




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Cupcake Day for the RSPCA on this month



The biggest bake-off in the Southern Hemisphere is back - Cupcake Day for the RSPCA!

Yes once again it's time to spruce up the oven, roll up the sleeves and cook for a great cause...or should that be paws! Cupcake Day celebrations can be held any time during August although the 'official' day is August 19th.

RSPCA Cupcake Day gathers bakers from across the nation to make a stand for animal welfare. One hundred percent of funds raised through your baking efforts will help rescue, rehabilitate, and rehome the 56,000 animals that come through RSPCA Queensland shelters every year.

People can organise their own Cupcake Day wherever they like – it can be at home where family and friends can come over, you can get your colleagues involved and get them to bring their cupcakes to work or host a bake sale at school or even run a cupcake competition. In other words, you get to decide how you want to celebrate Cupcake Day and help the animals who are suffering from neglect, mistreatment and abuse.

Registration is free, and can be made by going to www.rspcacupcakeday.com.au, so sign up today!

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Goodna/Springfield Probus Club Update



by Robyn Girdler

Probus Clubs are not for profit organizations specifically for retirees in their communities. Our aim is to mitigate social isolation amongst the senior population by providing interesting meetings with guest speakers and social activities promoting fun, friendship and fellowship.

Many seniors are not aware of Probus and what we provide. For Seniors Week this year we are hoping to increase interest in Probus by providing a free information morning tea in one of the community meeting rooms at Springfield Central Library, Orion on August 21st from 10am – noon. This will be a drop-in function with a number of our members available to talk to retirees and semi-retirees who may be interested in joining our ranks. So, we hope you will feel welcome to come along and join us for a cuppa. There is no obligation but after chatting with some of our members, you may like to come along to a meeting to get to know us better.

We have secured a pop-up Community Space at Orion the preceding week, to hand out invitations and promotional material to interested people. So if you are out and about at Orion on Wednesday 14th August between 10.00am and 2.00pm, there will be a group of Probians, from the Goodna Springfield group, there who can give you further information. The Community Space is at the bottom of the travellers leading to either Big W or Woolworths.

An example of one of our monthly outings is July's visit to Ipswich. We met in Queens Park for morning tea in the park, with members either bringing their own or picking up a coffee from the Queens Park Café. We wandered through the Nature Centre, reacquainting ourselves with the amazing wildlife our country has to offer. Some members also ventured over to visit the Nerima Japanese Gardens while others took advantage of the nearby Council Nursery to collect their free plants. A change of venue followed for us all to enjoy a delicious lunch at Raceview Tavern. A most enjoyable and relaxing day out for all.

Are you looking for a combined social club for retired or semi-retired men and women? Are you looking for fun, fellowship and friendship? The Probus Club of Goodna-Springfield meets on the first Wednesday of each month at 1.30 pm at Camira Friends and Neighbours Hall, Bruce Lane, Camira. If you would like to come along to a meeting or need more information, please phone Penny on 0412 270 628 or email gsprobus08@outlook.com. Visitors are always welcome and your first visit will be free of charge.



FROM THE DESK OF

Charis Mullen MP

State Member for Jordan



I'm pleased to provide an update on the new \$44.5 million Springfield Central Station park 'n' ride upgrade with an indicative design released.

The design includes details on vehicle access in and out of the carpark, as well as safe and easy pedestrian movements to the train station.

This is a big and complex project—in a location which is already quite constrained. We only have one opportunity to plan and design this properly and I want to ensure that we deliver the best outcome for the community.

I understand the frustrations being felt by commuters at the station as the current carpark is over-stretched—it is frustrating to turn up at the station and not be able to find a carpark.

Detailed design is expected to be completed by early 2020 with construction to follow. In preparation for the carpark build and new AFL Stadium precinct, the Department of Transport and Main Roads would also build 300 temporary car parks along Eden Station Drive in coming weeks and will begin preliminary works. Construction of the new AFL stadium will restrict some current parking facilities.

The upgrade forms part of the Palaszczuk Government's \$114 million investment to deliver new Park 'n' Ride spaces across South East Queensland, adding to the more than 30,000 spaces currently available.

For more information on the project, go to www.tmr.qld.gov.au and search for Springfield Central Park n Ride or contact my office for further details by sending an email to jordan@parliament.qld.gov.au or calling 3447 9300.



Relay For Life turning state purple to create cancer free future



Queensland – it's time to put one foot in front of the other and walk for a cancer free future at Relay For Life!

Cancer Council Queensland is officially launching its Relay For Life season two events this month – and is encouraging communities across the state to sign up for the one-of-a-kind fundraiser.

There are 23 Relay For Life events set to be held between July and November for season two, from Tablelands in Far North Queensland right down to the Gold Coast in the South.

Cancer Council Queensland CEO Ms Chris McMillan said support of Relay For Life would help ease the burden of cancer across the state.

“Every step taken, and every dollar raised at Relay For Life helps fund lifesaving cancer research, prevention and education programs and support services for those who need it most,” Ms McMillan said.

“With 27,800 people diagnosed with cancer each year across the state, we need every Queenslander to rally behind their local Relay For Life, so we can continue this vital work.”

Relay For Life is a volunteer-led, fundraising initiative where teams fundraise in the lead up to an overnight event, where they then take turns walking around a track through the night.

“Relay For Life signifies that cancer never rests – so neither do we,” Ms McMillan said. “After a successful season one, we’re hoping communities will rally together and raise more funds to help us reach our goal for 2019 of \$1.8 million. These funds will enable us to be here for Queenslanders affected by cancer every minute, every hour, every day.”

Participants also take part in on-the-day fundraising activities and ceremonies, like a candlelight ceremony to remember loved ones lost and a ceremony to celebrate survivors and carers.

“Relay For Life is an emotional, empowering community event for a community cause,” Ms McMillan said. “Hundreds of locals fundraising and walking for a cure can have an incredible impact on someone affected by cancer and provide hope for a cancer free future.

“Get your friends, family and colleagues together and join the Relay For Life movement today – together, we are stronger than cancer!”

To register, volunteer or find out more about your local Relay For Life, visit relayforlife.org.au or call 1300 65 65 85. More information about Cancer Council Queensland is available via cancerqld.org.au or 13 11 20.

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Local soccer star gives back to others

For nine year old Lions Football Club member, Bryn, qualifying for an all expenses paid trip to England for a two week soccer training tour has him packing his bags with more than just his own soccer gear.

Bryn, who has been a member of the Lions Football Club, Richlands, since he was five years old, trains four to five days a week, with a game each Sunday and is committed to achieving his goals.

Qualifying for the two week training in England is a huge achievement. The Euro Football Star tour involves a rigorous qualification process for two age groups—Under 10 and Under 12—with Bryn winning the Under 10 age group category gaining him a spot on the tour in September.

Founding members of ProSoccerGlobal, the organisers of the Euro Football Star tour, also run a soccer program aimed at players in Ghana.

“A friend of the founding members, Steve, is from Ghana and was keen to get alongside players whose progress in the sport was hampered due to expenses such as buying soccer boots,” said Bryn’s mum, Megan.

“Bryn has always been able to have the correct gear he needs. He works extremely hard and is very grateful for what he has in life, but he knows that others aren’t so lucky and is always keen to do what he can to help others, especially kids just like him who live and breathe football.

“He is so excited to hopefully be able to take over a massive suitcase totally full with boots, and is hoping that he can encourage people to go through their shoe racks for any boots that are still in great condition but no longer fit or in use, and pass them along to us. We will then clean them up and get them ready for their trip to England, and eventually Ghana.”



ProSoccerGlobal have recently seen the program make an real difference with their first Ghanaian boy receiving a four year soccer scholarship to a large US University. The scholarship, worth upwards of \$50k per year, will change the life of this boy and his family forever, and highlights just how much can be achieved when given the chance.

“That is the main goal for the founders of ProSoccerGlobal—to get as many of these boys to universities on full scholarships, receiving a top level education as well as full time soccer training at university also. They can then either go on to have a career in the country they have studied, or return to Ghana where they would be able to offer so much to their community. As Chris, one of the founders has said - one pair of boots for one kid can literally change their life. It’s that simple!”

If you have boots you’d like to donate, go to the facebook page ‘Bryn’s Boots for Ghana’ and message Megan directly or send an email to megz_902@hotmail.com. Donations need to be collected by the end of August.

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"I was just seeing so many people get really average service and deals when it came time to buy their new car. It was taking all the joy out of it. That's when I realised that no-one was working *for* these families. It wasn't easy or fun for them and it should be. I'm passionate about seeing families set up to win, so that is essentially why Jet Team Finance started."

Now two years down the track and with Julie's husband Jordan Ryan by her side, Jet Team has become a bustling business. With six people in their office and a second business, Just Right Automotive, launched less than a month ago. There seems to be no stopping Jet Team.

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Springfield Camira Men's Shed Update

by Jim Barclay - President

"Hello Possums"...how many times has Australia heard this? Well thanks to a few dedicated members of the Springfield Camira Men's Shed (SCMS), the children of C&K Camira Kindergarten will be saying "hello possums" through the donation of two possum boxes built to flat pack stage at the shed and assembled with the help of the children at the Kindergarten.

This is one of the many community projects that SCMS has completed since it opened its doors late in 2018.

Our shed supports the Greater Springfield and Camira area, providing a meeting place for our members to talk, learn, share and deliver community and personal projects.

We have been involved in such a wide range of things in our short shed life, from BBQs to support our shed and its operations, to BBQ's to support other community groups, personal projects that both challenge and reward members in terms of making a difference, in areas where they have expertise.

Community projects are one of our favourites. Seeing the smile on the face of a child after helping you finish off a billy cart, knowing Scouts have a bench that gives them a space to chill when the world overwhelms them, seeing kindergarten children line up to take a turn at hammering in the nails to finish their possum box.

We have had a fantastic first year, bonding with new members which we all were just 12 months ago, delivering support to each other and the community, forming partnerships with State Government Departments, State member for Jordan Charis Mullen, the Camira Community Centre and its management, Bunnings Springfield, and many other local businesses. We have also had our challenges as all new organisations have, but we have worked through them. One of our current challenges is we have already outgrown our current location and we are working with Charis Mullen and a Queensland Government department to secure a new site to build a Springfield Camira Men's Shed Complex that will take us into the future and allow us to support each other and the community of Greater Springfield and Camira for the foreseeable future.

As soon as we finalise the lease on the land, we will move straight into fundraising to build stage one of our complex that will ensure that Greater Springfield and Camira has a men's shed with the capacity to meet the growing demand.

If you would like to become a member or receive further information about the shed, feel free to send an email to Springfieldcamiramensshed@gmail.com.



Then & Now

a look back at Greater Springfield with David Morrison

Orion town centre always catering for children

When Orion Town Centre was first opened in March 2007 there was an outside play area outside Toscani's where Guzman Y Gomez is now.

Orion management appreciated they are in Nappy Valley Central and invested in an internal children's playground in the Big W Mall.

Orion management and Council entered an agreement where Orion/Mirvac will invest in an amazing playground between the Orion Lagoon and Orion Town Centre.

This adventure playground is well underway and I am sure it will be very popular with families.

Well done Mirvac and Council in this partnership that will be a wonderful community asset.



Orion Town Square 2015 showing the original playground being dismantled along with Stage 2 of Orion town Centre under construction.



The new adventure playground being assembled.

It was a cold and wet day on Wednesday 26 June which was perfect weather for our annual soup day. Thanks to the following members who provided us with a variety of delicious warm soups on the day: Sue Pomroy for her Chicken and Vegetable soup, Caroline Szoke for the Minestrone, Joe Blakely for the Pea and Ham, Audrey Mazzaracca for the Broccoli soup and Gail Munro and Judy Grant who each made Pumpkin soup. Thanks also to Mavis Frewen-Lord and Barbara Gallagher who provided fresh, crusty bread to complement the soups.

Caroline King from *Story Dogs* was our guest speaker at the July monthly meeting. Caroline's presentation about the *Story Dogs* reading program was well received by members. *Story Dogs* is a reading support program designed to improve the literacy skills of children – using dogs! It is a not-for-profit organisation and a registered charity. Volunteers and dogs go into primary schools every week to help children who are struggle with their reading.

Caroline brought along her black Labrador, Sherrin, who was also well received members. The club was happy to make a donation to support the ongoing work of the program and we look forward to receiving regular updates.

On 10 July we had a games day and a barbeque. Thanks to our chefs Jim Szoke and Trevor Malynn and to our servers Sue Hardy and Anne Hobbs. This day also saw some members enthusiastically supporting their state of Origin team.



Origin diehards Suzanne Jessen and Jan Roberts.

Well done Sue Hardy, Beth Dowse, Joe O'Dowd and Suzanne Jessen who prepared an interesting variety of questions for our recent Trivia morning. We appreciate their efforts.

Thanks to Colin Dodd for his work in fitting our rostrum with wheels. This makes the rostrum much more user friendly. Thanks to Colin Dodd again and to Colin Harvey for placing pavers around the flagpoles, to prevent muddy shoes.

We have some interesting events coming up in the next couple of months—a special morning tea during Seniors' Week and our bus trip to Parliament House on 22 August.

Also plans are well underway for a Fashion Parade to be held on 9 September from 10am-noon. Fashions will be by Jasfa Fashions. The cost is \$3.00 and includes morning tea and a Lucky Door prize. Everyone is welcome. For more information contact Suzanne Jessen on 0408 068 305.



Milton Dick MP was honoured to recently be officially sworn in at Parliament House as the Federal Member for Oxley.

The Federal Parliament has now resumed following the election earlier this year.

I was deeply honoured to be sworn in as a Member of the 46th Parliament and consider it a privilege to serve our local community as your representative.

Heading into the second term as the Member for Oxley, I'm more committed than ever to ensuring our community receives the funding and services that we deserve.

This especially includes appropriate funding for health and aged care services.

There are over 12,000 local aged pensioners and as our ageing population continues to grow, it's critical that older Australians are given the care and support they need. This also includes those who access the National Disability Insurance Scheme. As a matter of priority, one of my first acts of this parliament was to write to the Minister for the NDIS requesting him to ensure funding needs for the NDIS are delivered in full and on time.

I'm also very aware that many local families, young people and businesses are going through a tough time with an economy that is not working for them.

This is why I was proud to support the incoming personal tax cuts to make sure that local residents receive a boost to money in their pockets to put food on the table, send their kids to school and assist their business.

If you have any questions about this or any other matters, feel free to drop by any of my mobile offices which are held on a regular basis throughout the community. I pride myself on being open and accessible and there's nothing better than meeting in person with local residents and hearing direct feedback to best represent our community.

Mobile office dates and locations are posted on my Facebook page @MiltonDickMP or you can also contact my office.

As always, if there's anything I can ever help with, please email me Milton.Dick.MP@aph.gov.au or give my office a call on 3879 6440.

Local Clubs & Groups

Aiki Jutsu Martial Arts USQ
Yong: 3470 4420 goh@usq.edu.au

Augustine Heights Cheeky Monkeys
Anna 0405 450 704
Harriot 0417 014 873

Bushwalking & Environmental Groups, S'field Lloyd 3282 3737

Camira Slimmers Joan 3288 4703

Camira Scout Group
Asst Group Leader - Stephanie - 0401 395 408
District Commissioner - Greg - 0414 494 389

Community Centres:
Springfield Lakes 3288 2292
Camira/S'field Chris 38180921(bh)

Community House, Gailes
3879 3004

Friends & Neighbours Club, Camira
Suzanne 3818 2875 or 0408 068 305

Good News Group
Jean 38181986 Anna 38180454

Goodna Redbank Plains Girl Guides
Robyn 0409 054 947
robynhulbert@bigpond.com

Jacaranda Jam Community Choir
Angela 3818 3449

Karate - TSKF Springfield
Sensei Chris Myers 0423 386 676
tskf@springfield@gmail.com

Lions Club of Greater Springfield
Ray 0434 037 480

National Srs, Goodna/Redbank
Vera 3271 2772
Rosemarie 3282 1093

Probus Club of Goodna-Springfield
Penny 0412 270 628

Redhookers Fishing Club Inc
Felix 3814 3845 www.rhfc.com.au

Rotary Club of Goodna
0421 531 099
Email: rcgoodna@rotary9630.org

Rotary Club of Greater Springfield
Fiona 0413 801 300

Springfield Camira Men's Shed
Ph: Roland - 0413 319 558
Email: springfieldmensshed@gmail.com

Springfield Community Inc
email.gsc.inc@gmail.com

Springfield/Ipswich Chess Club
Ed 0431 065 425

Springfield Lakes Girl Guides
Samantha 0425 786 522
springfieldlakesgirlguides@hotmail.com

S'Field Lakes Maritime Modellers Inc,
sites.google.com/site/springfieldlakesmmodellers/home

Springfield Sparklers
Senior Dance Troupe
Christine 0414 451 438

Toastmasters, Springfield Lakes
Bill 0400 561 264

Toastmasters, Goodna, Ipswich
Mike 3372 4349

Trefoil Guild, Centenary
Merril 3372 2735

Westside Community Care
Rita 3818 0921

Westlife Community & Westlife Care
Yvonne 3381 9988

Westside Business. Women Group
www.westsidebusinesswomen.com

Westside Spiritual Haven Meditation
Yvonne 0422551 102

Wine Club, Springfield Di 3288 3388

Women's Group, Springfield & Surrounds
Sarah 3812 0138

Youth Nights (Friday Nights)
High school aged & young uni,
Stacey 0425 715 714

Youth Space, Goodna
Danny or Vince 3818 9934

Sport & Fitness

AFL - Collingwood Park Power AFC
Redbank Plains - 3040 0232
powerafc@live.com.au

AFL - Greater Springfield Storm AFC
Luke 0420 476 829
president@greaterspringfieldstorm.org
www.greaterspringfieldstorm.org

Athletics - Goodna Little Athletics
0403 813 676 or 0419 197 272
www.goodnalittleas.com

Basketball - Springfield Brumbies
springfieldbrumbies.com.au
springfieldbrumbies@gmail.com

Baseball - Western Districts Bulldogs
Laurie 0421 137 406
www.wests.baseball.com.au

Canoe Polo, Springfield Lakes
Mick 0402 643 465

Community Walking Group:
Last Friday of the month 8am at Aveo
Springfield, 7004 Health Care Drive,
Springfield Central

Crickets Club, Eastern Raiders
Bruce 0418 742 307
eastern-raiders@hotmail.com

Dragon Boat Club, Lake's District
Paul 0419 729 877 Greg 0418 732 672

Football (Soccer) Clubs:
Western Spirit Phone: 3818 6160
Futsal: Jan: 0414 661 911 spiritfc.com.au
enquiries@spiritfc.com.au
Springfield FC info.sufc@gmail.com

Golf Groups, Social
Spring Lakes Steve 0408 913 112
S'Field Lakes, Russell 3288 1285
John 3814 5633

Indoor Bowls
Eric & May 3814 0887

Indoor Soccer, Springfield
Yan Christensen 3818 0008

KICKXercise
contact Camira/S'field Community House
3818 0921

Netball Club, Springfield Lakes
E: springlakesnc@hotmail.com
Facebook: Springfield Lakes Netball Club

Orienteering Club, Ugly Gully
Lee 3378 7375

Orion Springfield Run for Life
Phil Cutcliffe 3818 2915

Radio Model Yacht Club
David 3879 6220 Robert 3288 3542

Rugby League
S'Field Panthers Scott 0405 108 931

Rugby League, Juniors:
S'Field Gary 38187370 Tony 32885924
Redbank Plains Jarrod 0421 504 531

Rugby Union Clubs
Goodna Peter Aiavao 0427 751 506
S'Lakes Hawks Jeremy 0449 682 960

Running Group Greg 0408 628 104

Softball Club
Camira John or Julie Ashby 3288 1986
Raiders Mitch 0423 262 906
raidersizps@hotmail.com

Softball, OzPitch, Springfield Lakes
Rebecca 3391 2447

Swim Club, Waterworx Amateur Club
Amanda 0434 868 611
Email: www.worxrace@gmail.com

Touch Football
Springfield Lakes Paul 0411 348 470
Redbank Plains Jarrod 0421 504 531

Tennis, Springfield Lakes Social
3381 9652

Table Tennis Assoc, Ipswich
David 3282 4708 Glen 3389 6563

Trim & Tone Exercise Group
Lisa Purcell 0428 822 010

Walking Group:
Springfield Lakes Heart Foundation and
Orion Walkers 3810 6666
healthy4life@ipswich.qld.gov.au

Westminster Warriors Soccer Club
Redbank Plains Ph: 0450 005 152

Families & Health

Alcoholics Anonymous
Ph 3255 9162
www.aa.org.au

Al-Anon Family Groups.
For friends & family of alcoholics or
problem drinkers
Ph: 1300 252 666
Email: afigsq@bigpond.com

Asperger Services Aust West
Brisbane Region Support Group
Ph Jane 3278 3082

Australian Breastfeeding Association
Springfield & surrounds
Amanda 0431 850 241
Email: springfielddaba@gmail.com

Christian Family & Westside
Community Care, Springfield
Phil Cutcliffe 3818 2915

Falun Dafa
Louise 3411 1174
www.falundafa.org

Ipswich Multiple Birth Association
Jennifer 0411 789 850 www.imba.net.au

Kites Family Day Care
38180329
admin@kitesfdc.org.au

New Parent Group - Springfield Lakes
Megann - 0499 652 808

Playtime, Camira/Springfield
Comm Ctr, Robyn 3818 0921

Playgroup, Gumnuts, Camira
Tenille 3818 6470, 0421 4480 046

Playgroup, Springfield Lakes
Heather 3288 1744

St John Ambulance Bellbird Park Div
Enquiries 0413 448 031

SNAP
for special needs,
Camira/S'Field Comm Centre,
Lois 0414 318 623

Suicide Bereavement Support Assoc
Lynne 1300 767 022
www.sosbsa.org.au

Churches

Arise Lutheran Church, S'Field Central
Pastor Matt Wilksch 0447 656 793

Breakthrough Church Springfield
Ps David Vaka 0434 421 720

Camira Christian Assembly
0431 663 228

Christian Outreach Centre
Bellbird Park 0433 680 223

Creek Road Presbyterian Church
Springfield 3398 4333
www.creekroad.org.au

Disciples Church Springfield
Ps Greg Gardiner www.disciples.org.au

El Shaddai Worship Ministry - Camira
Ps Milena Stavljanin - 0424 634 825

Grace Christian Church
Redbank Plains 0409 272 007
www.gracecc.com.au

Hillsong Brisbane West
Springfield Central 3381 9988
email: brisbanewest@hillsong.com

Maranatha Worship Centre Camira -
Multicultural Church, 3271 4712

Oasis Church Springfield
www.theoasis.org.au 3282 0847
Ps Don Stewart 0421 870 754

Our Lady of the Southern Cross Parish
Parish Office 3324 3900
Fr Mauro Conte 0417 726 521

Springfield Anglican Church
Rev'd Charlie Lacey 0476 818 763

Springfield Community Baptist Church
Camira/Springfield Community Centre
Ph 0432 579 205

Springfield Christian Family 3818 2915
info@springfieldchristianfamily.org.au

Voice of the Lord Assembly (African Church)
Mr Godfrey Egwu 0420 308 097
voiceofthelordassembly@yahoo.com

Westside Spiritual Haven Camira
Yvonne 0422 551 102

Westside Christian Church Camira
Ps Josh Hartog 0423 814 700
www.westsidechristianchurch.com.au

Hobbies, Arts & Craft

Active Crafts
Sharon 0402 342 551

Cross Stitch Club
Chris 3217 0976

Rubber Stamp & Scrapbook Club
Karen 3814 3525
Ingrid 3288 4614



Schools

Camira State School, Playgroup & P&C
3381 4888 www.camirass.eq.edu.au

Good Shepherd Catholic Primary
Ph: 3437 5000
www.goodshepherd.qld.edu.au

Hymba Yumba Community Hub
Prep - 12 Ph: 3381 8134
www.hymbayumba.qld.edu.au

Kindergarten Assoc Camira 3818 1789

Redbank Plains:
Primary: 3814 9222
www.redbplaiiss.eq.edu.au/wcmss
State High: 3432 1222
www.redbplaihs.eq.edu.au

Redbank Primary 3381 4111

St Augustines College
3814 8300 www.stac.qld.edu.au

St Peter's Lutheran College
3470 3888 www.stpeters.qld.edu.au

S'Field Lakes State School 3437 9888
www.springfieldlakesss.eq.edu.au

Staines Memorial College 3814 8600
www.staines.qld.edu.au

The Springfield Anglican College
Primary Campus 3818 5777
Senior Campus 3814 8100
www.tsac.qld.edu.au

Westside Christian College (Goodna)
Grade (1-3) 3437 9001
Grade (4-12) 3437 9000
Prep 3437 9004 OSHC 3381 0529
www.wcc.qld.edu.au

Woodcrest State College (S'Field)
Junior Campus 3280 2477
Middle Campus 3437 9555
Senior Campus 3437 9666
www.woodcrestsc.eq.edu.au

Government

Federal Members
Milton Dick MP (Oxley)
Ph 3879 6440
Milton.Dick.MP@aph.gov.au

Shayne Neumann MP (Blair)
Ph 3201 5300
shayne.neumann.mp@aph.gov.au

State Members
Jo-Ann Miller MP (Bundamba)
3288 3737 / 3844 8101
bundamba@parliament.qld.gov.au

Charis Mullen MP (Jordan)
3447 9300
jordan@parliament.qld.gov.au

Ipswich City Council
General Enquiries 3810 6666

Local MPs

Justice of the Peace (Qual)
Suzanne Donovan 3818 3915

Thien Nguyen 3288 5221

Dallas Tunnah 3288 3175

Gail Frawley 0401 222 671

Commissioner for Declarations
Harold James Jackson 3389 1418

GET INVOLVED

Groups & organisations listed are not for profit and run by volunteers.
If your group would like their contact information listed please send your request to springfieldtimes@lnp.net.au

THE Art Studio

with Jolanta



Whether you have lived in the area for years or perhaps just moved in, it is a great idea not only to get to know your immediate neighbours, local services, businesses and community groups but check all the other local attractions such as parks, bushland reserves, walking paths, cycling routes, recreational spots and local flora and fauna.

Getting to know your own neighbourhood and the community makes the connections to the area stronger and more rewarding. It also helps to keep it safe and actively used, keeping you and your family well and physically active.

I just had a great opportunity to visit 100 hectares of "nature's playground" and new home of friend and botanical illustrator Jane Thompson who is a key mentor on Australian natives in my own creative journey. A dedicated plants researcher and visionary, Jane, together with her inspiring husband Bill, is turning their property into the native plants hot destination with over 300 native species found in their backyard.

Quite a few moons back, they were key members of South East Queensland's communities, preserving, recording and re-building natural environment in the Glass House Mountain area. After a cross-continent move, drawn by Western Australia's Gondwana link project, they are now considered leaders in re-establishing local ecosystem function and biodiversity on the state-wide area, a true vision for their community and beyond. It is a truly visionary project that brings locals, visitors, researchers and scientists together recreating natural habitat for future generations.

While out and about explore your nature hidden treasures, learn the sounds of the local bushland, discover seasonal colours, foliage and textures. You could learn about the local habitats, wildlife and plants that do well in the area. Or learn about the richness of local bird population, expand your knowledge of local flora and native species known in the area. All these make the place quite unique and special.

There are a number of community groups in the area to help unlock the local knowledge. And if your garden's size allows you to plant, make a gift to your birds, bees and butterflies...and yourself by planting a native, flowering plant. It will bring life to your backyard as much as you do to your community.



Jane Thompson – botanical illustrator and plant researcher documenting local native plants.



What's On

at the

CAMIRA SPRINGFIELD COMMUNITY CENTRE

PHONE: 3818 0921
389 OLD LOGAN ROAD, CAMIRA

www.westsidcommunitycare.org.au

Hall For Hire - Parties, Sports, Meetings

MON - FRI	Kids Club OSH Care Before and After School Care Vacation Care
MON	
9.15-10.15AM	Konga the Jungle Body
3.45-6.00PM	Hardihood Theatre
6.30-7.45PM	Atomic Rose Dance Class
TUES	
12.30-3.00PM	Arts Laughs n Crafts
6.30-7.30PM	Rhee Tae Kwondo
6.30-8.30PM	Goodna Gymnastics
WED	
9.15-11.00AM	Petite Stars
9.30-10.30AM	Goodna Gymnastics
1.00-2.30PM	Let's Dance - Free Line dancing classes
3.30-5.00PM	KNECT Kids Primary (fortnightly)
6.15-7.15PM	Konga the Jungle Body
5.30-7.00PM	Karate
2.00-7.00PM	Mobile Library (fortnightly)
THUR	
6.30-7.30PM	Rhee Tae Kwon Do
6.30-8.00PM	Goodna Gymnastics
FRI	
9.30-11.30AM	Playtime
7.00-10.00PM	KNECT Youth
SAT	
9.00-2.00PM	Free Pentecostal Church of Australia
9.00-NOON	Goodna Gymnastics
7.00-10.00PM	SDA Volleyball
SUN	
7.00-8.30AM	Congregational Christian Church of Samoa
8.30-12.30PM	Springfield Community Church

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Sustainable Ipswich Week 19-25 August, is an opportunity for the community to be involved in sustainability and caring for our environment. There are lots of things we can do to live more sustainably and by making small changes, we can protect and enhance our environment and its liveability for current and future generations.

You can save money by reducing your energy costs by choosing to *skip a car trip* and taking public transport or travelling by bicycle. You might have a *Walk to School Wednesday*. Starting a compost bin at home is a way to reuse your household kitchen scraps. Worm farms are another simple activity you can try. Children will not only enjoy feeding the worms, but also watching them grow. The worm water makes a great natural fertiliser for your garden. You could try having a sustainable picnic by using re-useable plates, cutlery and cups. Maybe host a 'nude' lunch day and pack food in sustainable packaging, such as a lunch box and do away with plastic cling wrap. Perhaps you could BYO coffee cup and drink bottle.

E-waste is one of the fastest growing segments of solid waste. In 2014, approximately 41.8 million tons of e-waste was generated worldwide. Although nearly 100 percent of e-waste is recyclable, current recycling rate of e-waste is not promising. It is estimated that only 20% of e-waste is recycled each year, which means that 40 million tonnes of e-waste is either placed in landfill, burned or illegally traded and treated in a sub-standard way. Electronic waste is responsible for 70% of the toxic chemicals such as lead, cadmium and mercury found in landfill. The items that can be recovered from e-waste include constituents such as plastics, metals, and glass. So think twice about throwing TVs, computers, printers, mobile phones, monitors and CD players into the waste. Donations of e-waste items can be made to Substation 66 at Redbank Plains State High School Special Education Program. A pick-up service can be organised for larger items. Call 3432 1268 to arrange a collection.

Refusing to purchase over-packaged items and refusing to take a straw is another way in which you can reduce your environmental footprint. Remembering to bring your re-useable shopping bag is more sustainable than purchasing new plastic bags. It's also cheaper and the unwanted plastic bags don't add to landfill. Consider choosing bags that are made from natural fibres such as such ethically-produced cotton, jute, or hemp or recycled plastic bottles. If you want to make an even greater impact, you could make your own reusable shopping bags using repurposed fabric. You can also donate your COEX beverage containers to Springfield Lakes Nature Care, at any drop off point by quoting our COEX ID #C10002285. Not only are you recycling but your donation will go towards helping the group raise funds for environmental projects.

To celebrate Sustainability Week SLNC will host a Spotlight Night and a 'drey' making demonstration at Joe Guthrie Park on Saturday, August 24 from 4.30pm – 7pm. At the end of the spotlight night, we will provide a warm cup of hot chocolate and biscuits. To make it a truly sustainable night, please bring your re-useable cup. Bookings are essential and tickets can be purchased on-line at www.eventbrite.com.au/e/sustainability-week-spotlight-night-tickets-65413945873

If anyone would like to join our Group, membership is free and meetings are held on the first Monday of the month. You can contact us through info@SpringfieldLakesNatureCare.org.au or you can follow us on www.facebook.com/SpringfieldLakesNatureCare



What's On @ Gables Community House

30 Karina Street, Gables. Ph: 3879 3004

www.gablescommunityhouse.com.au

Monday:	Kidz Biz after school program	3.30pm – 5.00pm	FREE
Tuesday:	Social Cooking Group	9.30am – 12.30pm	\$5 per session
	Card Making class	Noon – 2.00pm	\$4 per session
Wednesday:	Little Gems Playgroup (0-5yr olds)	9.30am – 11.30am	FREE
Thursday:	Sewing and mending group	9.30am – 11.30am	\$4 per session
	Gables BoBs (Bunch of Blokes)	10.30am – 12.30pm	\$4 per session
	Budget Grub Hub	11.30am – 1.15pm	One off \$5 Membership fee
<i>Affordable food shopping to help relieve the financial strain. (For residents of Gables and Camira only)</i>			

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