

Join in the fun at Robelle Domain on Saturday 11 May

The All Properties Group Greater Springfield Family Fun Day, including the Dance Up competition, will be held on Saturday 11th May from 3.30-7pm at Robelle Domain and will be a wonderful afternoon and evening for the whole family. See page 9 for more details.

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20 X \$200
total prize value \$4,000

QUALIFYING PRIZES

120 X \$50
total prize value \$6,000

DRAW DATES

Major, Bonus & Minor Prize Draws on Sunday 30th June 2019 from 4.00pm
Qualifying Draws on Sundays from 4.00pm: 5th May, 12th May, 19th May, 26th May,
2nd June, 9th June, 16th June & 23rd June

HOW TO ENTER

Entry via virtual barrel draw from Wednesday 1st May 2019 @10.00am
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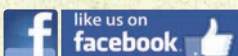
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Personally Speaking[™]

with Susannah Friis

I'm pretty sure I've mentioned here before that I love the month of May as it has both Mother's Day and my birthday, which usually means two days of spoiling (and cake!). My mum's birthday is in April, and I promised her I wouldn't say which number exactly but it was a big one for her this year. And it was a great opportunity for us as a family and her friends to make a fuss of her and tell her what she means to us.

One of the things my siblings and I did was create a framed memory montage for her to hang in their house. The fact that there are five children, and with in-laws contributing too, there was great difficulty trying to fit all our memories onto one A3 sheet. As I read through our collective memories, it really struck me how often the word 'there' appeared - *Mum, you were there when I brought each of my newborns home, You were there every day after school, You were there during the hardest time of my life*, and more.

My mum hasn't won a Nobel Peace Prize, cured any diseases or run a marathon at the Olympics but what she spent her life doing was 'being there' for all of us, our children, our spouses, for our dad. And it was, and continues to be, an amazing gift to us all. Often, she had words of wisdom, sometimes, just her presence was enough.

Another thing that came up often in our memories was her cooking. My brother remembered how his favourite birthday cake was a packet mix one - and how, even though packet mix cake was against everything she stood for in the kitchen, she made it every single year, because that's what he wanted. All of us said one of our memories was coming home each day after school to be greeted by her in her apron, still dusted with flour, and the delicious aromas of baked goods ready for us to devour at the kitchen bench.

This may sound very 1950's housewife, and I make no apology for that, because she also taught four daughters what it meant to have a voice, to stand up for ourselves and to be no-one's doormat. She taught her one son that strong women were to be sought after and to listen to their voice and support them as equals. She may have been 'just' a stay at home mum but there was nothing mouse-like or passive about her at all.

Although my life has not looked the same as hers outwardly, I hope that where it counts, I'm similar to her - fierce in love, strong in support and 'there' for my kids, just as she was for us.

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FROM THE DESK OF

Charis Mullen MP

State Member for Jordan



Springfield Central Park 'n' Ride update



Concept image of the new park 'n' ride.

In my role, I often hear “I don’t understand why it wasn’t planned properly in the first place” – something I tend to agree with in many instances.

I am very conscious of this as we progress the \$44.5 million Springfield Central Park 'n' Ride – a commitment that will see an additional 650 carparks taking the total to over 1,100.

Detailed design on the new park n ride is now underway with the appointment of design consultants, GHD.

The design consultants will be designing more than just the multi-storey carpark on the identified site – vehicle access in and out of the carpark, safe and easy pedestrian movements to the train station and the interface with local roads and the recently announced AFL stadium will all be part of the design consideration.

This is a big and complex project - we only have one opportunity to plan and design this properly and I want to ensure that we deliver the best outcome for the community.

The recent announcement of funding for the new AFL stadium in Springfield Central is also an important consideration in the planning of the commuter carpark. I know the community has expressed concern at how the station, the commuter carpark, the stadium project and local roads will work together – in a location which is already quite constrained.

As a result, I have the support of stakeholders to establish a Project Steering Group – involving the Brisbane Lions, Ipswich City Council, Department of Transport and Main Roads and the master developer, Springfield City Group, to work together on the planning and interface of all these projects.

We have started meeting and I am confident that all stakeholders understand the importance of getting this precinct right.

We owe it to our local community and to visitors to ensure that we plan a Stadium/ Station Precinct that is well designed, easy to access and is a positive contribution to our Greater Springfield region.

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Tuesday:	Social Cooking Group	9.30am – 12.30pm	\$5 per session
	Card Making class	Noon – 2.00pm	\$4 per session
Wednesday:	Little Gems Playgroup (0-5yr olds)	9.30am – 11.30am	FREE
Thursday:	Sewing and mending group	9.30am – 11.30am	\$4 per session
	Gailes BoBs (Bunch of Blokes)	10.30am – 12.30pm	\$4 per session
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Hello Readers

Most of us will be familiar with the notion that 'Laughter is the best medicine' made famous by that quirky little volume which still outsells just about all others, Reader's Digest. It occurs to me that healthy schools will often resound to the sounds of helpless laughter, and one of life's little pleasures for me is to hear in my wanderings around the College, the echoes of children and adults surrendering to their need to laugh emerging from classrooms, staff rooms and play areas.

Schools, in general, are rich sources for humour. There is always something not going exactly according to plan – the science experiment where an intended bang becomes a whimper or the entire front row gets soaked; the unexpected yet hilarious response to a question; those many occasions when 'the best laid plans' go astray. As teachers, we've all had our moments. I remember filing into the classroom of a colleague in the English department as a student in school uniform, complete with pigtails and glasses (which I could hardly see through), launching into a hearty reply of 'Here' during the roll call.

I had, of course, bamboozled the teacher, and when the whole class had finished the roll call the roof was raised from laughter from my audience, teacher included. I removed my specs to find his entire English class staring at me with a mixture of bewilderment and joy.

The ability to inspire and delight in laughter seems to come naturally to children, perhaps because they are less encumbered and therefore more open to the simple pleasures that each day offers us.

As education becomes more utilitarian in its compass, a response, no doubt, to the increasing competition for meaningful employment in the post-school years, the various syllabi through

which we attempt to deliver learning has become increasingly crowded. We must guard against buying into the myth that more is necessarily better, that volume in itself can produce improved results, and constantly remind ourselves as teachers that learning should, above all, be fun. Fun should not be confused with fluffiness. We all need to be challenged. Yet there is no place for relentlessness in education, for the mechanical drudgery of completing uninspiring, mindless tasks with indistinct outcomes.

The challenge for us as teachers is to design learning-rich tasks for our students to undertake and, when confronted with a new mandatory syllabus, however effective it may be, we must rise to meet the challenge of presenting it in exciting and original ways by calling on our reserves of creativity and ingenuity to rise above whatever limitations may exist.

I am inspired in part by my experiences while showing potential parents and their children around the College. There is always a remarkable level of engagement from the students in the various classes that we visit and occasionally we will arrive in a classroom just after something apparently hilarious has taken place. These new families will often comment about the evident success of what we are attempting at St John's Anglican College and I remember one father in particular saying to me towards the end of the tour 'Everyone seems to be having so much fun!' It was true, and it takes a special team of teachers to invest the teaching and learning programmes with so much energy and enthusiasm. Academic rigour need not be stifling; indeed, it should properly be liberating, leading young minds towards greater understanding and insight, and the intellectual independence that such breakthroughs can inspire. In delivering engaging learning opportunities to our students, we need to aspire towards that delicate balance of lightness and intensity.

Getting to grips with critical literacy, learning how to read and write, grappling with some impossibly new algebraic formula are intense experiences. Yet, when presented in ways which lighten the intensity and allow for moments of laughter and relief, such learning can indeed become fun, and thus encourage us to celebrate and rejoice in the life we are striving to build at St John's Anglican College.



Mrs Maria McIvor
Principal, St John's Anglican College
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open **May 11th**
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morning

Free workshops to help manage money



Ipswich Saver Plus Coordinator, Cath Sweeney is encouraging parents to take advantage of local MoneyMinded workshops, focussing on money management tips, this month.

To be held this month, the workshops cover topics such as: defining goals; spending and saving capacity, establishing saving routines and personal budgets; an overview of banking services offered by financial institutions and the benefit of a good credit report; and planning for the future, support available, and superannuation.

During the two workshops, participants are also encouraged to talk to their children about how to manage money, even as young as preschool.

Cath Sweeney said talking to children about money is crucial as society becomes increasingly cashless. "Children are losing the links between earning, saving and spending money; they are not seeing money being used to pay for groceries; they are seeing the tapping of a card at the checkout, or money just coming out of an ATM."

Tiawaana (pictured above) joined Saver Plus to assist with the cost of school uniforms and sports for her children. Tiawaana and her husband are now talking about money with their six children.

"We now talk before we spend money, that we really need something. After the workshops, I was encouraged to check the insurances we were paying, which saved us hundreds – that really got my husband thinking about his own spending," Tiawaana said.

The Saver Plus program is a useful tool to help parents get ahead of school expenses in conjunction with ANZ. An independent 2018 RMIT University report, Saver Plus: Pathways to Wellbeing found that of participants who completed the program, 87 per cent continued to save the same amount or more, three to seven years later.

To be eligible for Saver Plus you must: be 18 years or over and have a child at school, or attend vocational education yourself; have regular income from paid employment (you or your partner); have a Health Care or Pensioner Concession Card; receive an eligible Commonwealth social security benefit, allowance or payment.

The MoneyMinded for Saver Plus workshops run for approximately two and a half hours per workshop. The upcoming workshops in the Greater Springfield area are 5.30 pm, Thursday 9th and 16th May in Springfield and 9.30 am, Wednesday 15th and 29th May in Goodna. To register to attend and for more information, please contact Cath Sweeney on 0466 474 584 or send an email to cath.sweeney@thesmithfamily.com.au.

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Talking Teeth

with *Dr Bryan Dubbeldam*
Robelle Dental Centre

The Federal Election campaign is in full swing, and in keeping with the current climate, this month's Talking Teeth will take a bit more of a political tone. In dental practices across the country, including my own, hardly a day goes by without comment about costs, poor private health insurance rebates, or why doesn't Medicare cover dentistry.

Rightly or wrongly in Australia, the vast majority of dentistry is completed in private practice. That means your dentist is likely to be a small business owner and need to balance the needs of their clients and deliver care cost effectively, while ensuring they can cover their costs, pay staff and have some money left over to feed themselves and their family. Trust me, that's sometimes not an easy thing.

From a political point of view, our local candidates aren't likely to win votes on a dental platform. Dentistry accounts for only 5.5% of the \$122.4 billion spent on healthcare and they know access to doctors and hospitals is much more of a vote grabber. Not only that, publicly funded dentistry is a state responsibility, not something our federal politicians want to care about. Dentists aren't renown for being overly politically active either. We simply don't have the numbers – there are some 15 000 dentists compared to 100 000 doctors and 360 000 nurses. It is hard for our voice to be heard.

So, is there anything we can do to change things? I'm not sure. The ALP on their website is concerned about 'Saving Medicare' and 'Fixing Hospitals' and 'Restoring Public Funding'. Don't worry, the Liberal-National coalition doesn't mention too much about dentistry either. The Greens do have a 'Denticare Plan', but will they have a large enough presence in the Parliament to make it happen? I guess we will all have to wait until 18 May to find out!

At a practice level, we continue to constrain our costs as much as possible. For the life of the practice, we have only ever applied CPI increases. This is unlike the health funds whose average 5% cost increases over the last five years outstrips CPI. Health fund rebates have not increased relative to their premium increases, meaning more out of pocket expenses for our patients.

On an individual front, to avoid large dental bills, prevention remains your best bet. I've written about this in the past, but brushing morning and night, eating a healthy, balanced diet and limiting snacking, sugar and soft drinks will pay great long-term benefits. Scott Pape of Barefoot Investor fame advocates only keeping hospital cover, dropping extras cover and putting money away for trips to the dentist and optometrist.

While our politicians squabble over the election and the next parliament, my team and I will continue to look after your dental health, make your dental experience as pleasant as we can and deliver value for money on our services. Call us on 3470 1313 to arrange an appointment and perhaps even discuss politics further!



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Join in the fun at Robelle Domain on Saturday 11 May



The All Properties Group Greater Springfield Family Fun Day will be held on Saturday 11th May from 3.30-7pm at Robelle Domain and will be a wonderful afternoon and evening for the whole family.

The day will feature for the first time a special showcase from renowned dance troupe Heilani Polynesian School of Arts.

Heilani Productions is Australia's largest and most comprehensive Polynesian Dance School and Polynesian Entertainment Production Company. Established in Brisbane in 2005 by Heimana and Lelani Tahiaata, Heilani Polynesian School of Arts & Heilani Production Company take pride in teaching authentic Polynesian dance and culture while also maintaining the highest level of entertainment.

The night will also include the ninth annual Dance Up Talent Quest involving more than 20 dance groups in both primary and secondary sections.

With fun for the whole family, there will be super cheap fun rides, free entertainment for the children and give aways. There will be a range of food stalls to purchase from, with a spectacular fireworks finale to end the event at 7pm.

"Our goal is to once again host a fantastic free community-building day and raise funds to support the work of local charity Westside Community Care Community," said Ps Phil Cutcliffe.

"We look forward to seeing many residents and community members enjoying a great family day, filled with plenty of entertainment for the whole family."



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Camira Friends & Neighbours

Update by Barb Gorman

I was on holiday at Uluru when members joined in the recent bus trip to the Mountview Alpaca Farm, but from what I have heard, it was a most enjoyable day for all those who participated. Many people took the opportunity to feed the Alpacas or just walk around with their new fluffy friends. After a delicious lunch at the Bearded Dragon Hotel, our day trippers had the opportunity to get up close and personal with some not so fluffy friends as they experienced viewing the snakes, lizards and other creatures at the Reptile Show. Some people took the opportunity to cuddle with a friendly python! Thanks to all who helped organise the day.

Thanks to Colin Harvey who again facilitated Beetle Day. Beetle is a British party game in which one draws a beetle in parts. The game is played with pen, paper and a dice and is entirely based on random dice rolls, with no skill involved. Throwing a six to get the body is the main stress but overall it is good fun.

Our guest speaker for April was Cathy Young from Aged and Disability Advocacy Australia (ADA Australia). This is a not-for-profit, independent, community based advocacy and education service with more than 25 years experience in supporting and improving the wellbeing of older people and people with disabilities. This was a very interesting and informative presentation that clearly outlined the services provided by the organisation. From the stories Cathy told, ADAustralia certainly provides a voice for a wide range of people in many different situations.

Members enjoyed the usual games on our games day last month. Once again Rummikub was one of the favourites. I found out that Rummikub was invented by Ephraim Hertzano, a Romanian-born Jew, who immigrated to Israel in the 1940s. He hand-made the first sets with his family in the backyard of his home. He then sold these sets door-to-door and on a consignment basis at small shops. Over the years, the family licensed it to other countries and it became Israel's bestselling export game.

Last month also saw two of our members celebrate significant birthdays.

I won't mention specific numbers, just want to congratulate Jan and Adele on their special days.

New members are always welcome and if you would like to know more about the club contact Suzanne Jessen on 0408 068 305 or email suzannej46@hotmail.com.



*Brave Pauline 'cuddling'
one of the snakes at the Reptile Show on
one of the Club's recent trips.*

*a message from
the desk of*

Milton Dick MP

FEDERAL MEMBER FOR OXLEY



Over the past three years it has been an honour to serve as your local Federal Member. I'm immensely proud of our community and the amazing residents I meet every day.

Whether it be the local school fete, visiting a local business or seeing firsthand the tireless dedication and hard work of our local volunteer community groups, our community has so much to be proud of.

I'm determined to keep working hard for our local community so that our schools, businesses and community groups are given the support they need.

This includes proper funding for our hospitals and Medicare. Affordable and accessible healthcare is an absolute priority for me to ensure that local residents receive the care they deserve during tough times.

I'll also continue to work hard to ensure we invest in our local schools so that students and teachers have the resources and support they need.

And that we build the roads and infrastructure of tomorrow so that as our community continues to grow, we are ahead of the curve to meet the demands of the future.

I pride myself on working hard, every day to get results locally for our community.

If there is ever anything I can do to help – big or small – don't hesitate to get in contact by sending me an email Milton.Dick.MP@aph.gov.au or calling my office on 3879 6440.



Springfield Lakes

When I was elected to council in the year 2000, Springfield Lakes did not exist and I recall welcoming the very first residents to Springfield Lakes.

Springfield Lakes is now one of Ipswich's most sought after suburbs with wonderful parks, sports fields, free tennis courts, schools, child care centres, community centre, shops, churches, a fantastic function centre, hotel, restaurants and many professional services and businesses and three picturesque lakes. In 2004 I remember standing on one of the largest bulldozers, a D9, that came to Greater Springfield and was



David Morrison and grandson Judah on Regatta Lake in 2018.

clearing the site where Regatta Lake is today. I did not think that 14 years later I would be canoeing on Regatta Lake with my grandson Judah.

Council worked closely with Lend Lease and the Springfield Centenary Canoe Club to install a ramp and car park at Regatta Lake which opened in 2018.

If you have a canoe in your shed that is not being used, why not dust it off and check out the launch ramp and canoe on beautiful Regatta Lake.

Springfield Lakes has three lakes namely Spring Lake, Regatta Lake and Discovery Lake totalling over 23 hectares of water. Regatta Lake is the lake both Council and Lend Lease encourage canoeing on.



David Morrison on the D9 bulldozer at the Regatta Lake site in 2004.

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From classrooms to design shops, 3D printers are popping up everywhere. And as you would expect from a product that appeals to everyone from professional designers to educators to hobbyists, the technology has a growing number of devotees, followers and advocates. In most recent years, 3D printing technology has started to perform crucial roles in manufacturing, medicine, architecture, custom art and design and it is now present in key sociocultural sectors underpinning major design and art practices. For a long time, 3D printing was defined by very high entry costs until more recently. Community-based facilities, such as Ipswich City Library at Orion, offer entry level skills, expertise, assistance and tools to get off the ground one's own 3D project. The facilities are offering not only a great assistance, but also a support during the learning process, ensuring the best project outcomes.

Equipped with a few samples of Australian Natives, I went on a journey of discovery about how and what this emerging technology can offer to the existing art/textile practice. After a great and thorough introduction by the Library's Makerspace Champion for the Springfield Central Library, Dan Harth, the process began. Series of scans were performed and with the help of complex mathematical algorithms performed seamlessly in the background, a complex surface structure of the object being investigated emerged. The visualisation capacities can shift one's practice onto another trajectory of alternative mediums and 3D expressions of one's art. In a nutshell, the technology allows quite amazing visualisation which reveals hidden elements of surfaces that, until now, were not easily available without the help of this process.

Dan Harth explains, "The 3D scanning process works by laying down a series of black and white lines and patterns over the object. The camera is then able to determine the height and shape of the object by measuring the deformation of these lines. The software then triangulates the shape to form a completed 3D mesh."

After the first two sessions, a range of intriguing images emerged, awaiting further exploration. The resulting images can become a major milestone on a journey or just a stepping stone in the process of learning. Certainly, for this artist, more bookings with Makerspace Champions will follow in due course. To book a session email MakerspaceChampions@ipswich.qld.gov.au.



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building better communities through communication



ROTARY CLUB of Greater Springfield

UPDATE BY
Fiona Lorimer



Thursday nights in the Greater Springfield area aren't just for shopping! Our local Rotary Club also offers opportunity to use your time, energy and talents each week to help others, both locally and further afield. Several local residents have recently committed to assist those in need through their induction to the club.

Dr. Grace Muriuki is a Research Fellow at the University of Queensland's School of Agriculture and Food Sciences. Grace's research focuses on food security and her upcoming work aims to assist rural and remote indigenous communities in rural Western Australia.

John Marsh moved to the area with his family just under a decade ago. As his family has grown a little older, he has taken the opportunity to join Rotary to work with like-minded people with a passion for community involvement.

Sue and Paul Roger are recent retirees and bring their time and considerable Rotary experience to our club. After relocating from the Canberra area they have been valuable additions to our developing club. Amongst other interests, Sue shares her art expertise locally and Paul is involved with the ShelterBox disaster relief charity (as featured in our January article).

Rotary clubs are comprised of members with varying backgrounds such as Grace, John and the Rogers. Joining Rotary or aligning your organisation with a local club can bring rewards such as the development of new friendships and business networks.

Australian Rotary Clubs are part of an international network of business, professional and community leaders who strive to improve the world through practical efforts. Through Rotary International, the reward of 'paying it forward' unites men and women from different backgrounds, cultures, religious and political beliefs the world over and allows ordinary people opportunities to do extraordinary things.

Rotary's Four-Way test is a simple ethical framework that guides members in their decision making, both with club-related decisions and their everyday lives. When considering the things members think, say or do, they ask:

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

The Rotary Club of Greater Springfield meets at 6.30pm each Thursday evening at Aveo Springfield, 2 Symphony Way, Springfield Central. For enquiries regarding club activities, contact Fiona Lorimer on 0413 801 300.

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Toad catching! What on earth? The small article in the local paper caught my eye. Surely there can't be others who share my secret delight in roaming the streets late at night, furtively snatching toxic toads from local lawns? But there they are, in black and white, a local nature group who hold regular toad catching nights in the park around the lake just down the road from me.

To be honest, I had felt a little ashamed of my evening endeavours. As a lover of all things feathered, furry or scaly, I initially struggled with the idea of harming any creature. Although I freely admit, my reluctance does not extend to killing cockroaches. I have no qualms whatsoever about that.

Cane toads however, are closely related to one of my favourite types of creature—frogs. I love all frogs, great or small, green or brown, croaking, chirruping or even booming in my drainpipes. Unfortunately, cane toads share many traits with my beloved frogs, particularly here in Australia, where we have many native frogs that strongly resemble the imported toads, especially the brown bumpy-skinned frogs that often sit upright in the classic cane toad pose.

So how could I possibly enjoy rounding up dozens of these introduced amphibians only to pop them in my veggie crisper for a never-ending nap? After some wrestling with my conscience, I decided to accept this penchant for poaching as the expression of some inherent primal hunting instinct and focus instead on the results. And those results are undeniable! Since making a reasonable dent in the toad numbers around my local area, my backyard has become home to Green Tree Frogs, Striped Marsh Frogs, and even a couple of Northern Banjo Frogs, also known as Red-thighed Pobblebunks.

I'm proud to say that I'm now a member of the Springfield Lakes Nature Care group and have been actively involved in their toad catching events around Spring Lake for the last two years, contributing to the capture of thousands of cane toads that have then been humanely killed and donated to the University of Queensland's Cane Toad Challenge.

Professor Rob Capon has been working on biological techniques to control the cane toad for the last 15 years, and harvests the toxins from the toad's own glands to produce Bufo Tabs, a neat little bait to attract toadpoles into a trap, dealing with the problem at its source. These baits have been trialled at a number of sites around Queensland, and have performed spectacularly well, trapping over a million toadpoles in their first season of use.

Now I know there may be some skeptics out there who believe we're wasting our time, that a bunch of volunteers chasing down a few hundred toads every so often couldn't possibly make a difference, but I challenge them to come



by Spring Lake one evening and stop to listen to a sound that simply wasn't there a couple of years ago. It's the sound of a thousand native Eastern Sedge Frogs all calling for a mate and if you're lucky enough to actually catch a glimpse of one, you'll see that they look pretty happy indeed.

If anyone would like to join our Group, membership is free and meetings are held on the first Monday of the month, at BLVD Restaurant, Shop 1, 7 Springfield Lakes Boulevard, Springfield Lakes. You can contact us through info@SpringfieldLakesNatureCare.org.au or you can follow us on www.facebook.com/SpringfieldLakesNatureCare.



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Harriot 0417 014 873

Bushwalking & Environmental Groups, S'field Lloyd 3282 3737

Camira Slimmers Joan 3288 4703

Camira Scout Group
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District Commissioner - Greg - 0414 494 389

Community Centres:
Springfield Lakes 3288 2292
Camira/SField Chris 38180921(bh)

Community House, Gailes
3879 3004

Friends & Neighbours Club, Camira
Suzanne 3818 2875 or 0408 068 305

Good News Group
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tskf@springfield@gmail.com

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National Srs, Goodna/Redbank
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Rosemaree 3282 1093

Probus Club of Goodna-Springfield
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Redhookers Fishing Club Inc
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Rotary Club of Goodna
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Email: rcgoodna@rotary9630.org

Rotary Club of Greater Springfield
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Soroptimist International of Springfield
Bev Ditton 0414 340 216
bevditton@gmail.com

Springfield Community Inc
email.gsc.inc@gmail.com

Springfield/Ipswich Chess Club
Ed 0431 065 425

Springfield Lakes Girl Guides
Samantha 0425 786 522
springfieldlakesgirlguides@hotmail.com

SField Lakes Maritime Modellers Inc,
sites.google.com/site/springfieldlakesmmmodellers/home

Springfield Sparklers
Senior Dance Troupe
Christine 0414 451 438

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Toastmasters, Goodna, Ipswich
Mike 3372 4349

Trefoil Guild, Centenary
Merril 3372 2735

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Rita 3818 0921

Westlife Community & Westlife Care
Yvonne 3381 9988

Westside Business Women Group
www.westsidebusinesswomen.com

Westside Spiritual Haven Meditation
Yvonne 0422551102

Wine Club, Springfield Di 3288 3388

Women's Group, Springfield & Surrounds
Sarah 3812 0138

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Stacey 0425 715 714

Youth Space, Goodna
Danny or Vince 3818 9934

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Redbank Plains - 3040 0232
powerafc@live.com.au

AFL - Greater Springfield Storm AFC
Luke 0420 476 829
president@greaterspringfieldstorm.org
www.greaterspringfieldstorm.org

Athletics - Goodna Little Athletics
0403 813 676 or 0419 197 272
www.goodnalittleas.com

Basketball - Springfield Brumbies
springfieldbrumbies.com.au
springfieldbrumbies@gmail.com

Baseball - Western Districts Bulldogs
Laurie 0421 137 406
www.wests.baseball.com.au

Canoe Polo, Springfield Lakes
Mick 0402 643 465

Community Walking Group:
Last Friday of the month 8am at Aveo
Springfield, 7004 Health Care Drive,
Springfield Central

Crick Club, Eastern Raiders
Bruce 0418 742 307
eastern-raiders@hotmail.com

Dragon Boat Club, Lake's District
Paul 0419 729 877 Greg 0418 732 672

Football (Soccer) Clubs:
Western Spirit Phone: 3818 6160
Futsal: Jan: 0414 661 911 spiritfc.com.au
enquiries@spiritfc.com.au
Springfield FC info.sufc@gmail.com

Golf Groups, Social
Spring Lakes Steve 0408 913 112
S'Field Lakes, Russell 3288 1285
John 3814 5633

Indoor Bowls
Eric & May 3814 0887

Indoor Soccer, Springfield
Yan Christiansen 3818 0008

KICKXercise
contact Camira/Sfield Community House
3818 0921

Netball Club, Springfield Lakes
E: springlakesnc@hotmail.com
Facebook: Springfield Lakes Netball Club

Orienteering Club, Ugly Gully
Lee 3378 7375

Orion Springfield Run for Life
Phil Cutcliffe 3818 2915

Radio Model Yacht Club
David 3879 6220 Robert 3288 3542

Rugby League
S'Field Panthers Scott 0405 108 931

Rugby League, Juniors:
S'Field Gary 3818 7370 Tony 3288 5924
Redbank Plains Jarrod 0421 504 531

Rugby Union Clubs
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S'Lakes Hawks Jeremy 0449 682 960

Running Group Greg 0408 628 104

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Raiders Mitch 0423 262 906
raiderrsips@hotmail.com

Softball, OzPitch, Springfield Lakes
Rebecca 3391 2447

Swim Club, Waterworx Amateur Club
Amanda 0434 868 611
Email: wworxrace@gmail.com

Touch Football
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Redbank Plains Jarrod 0421 504 531

Tennis, Springfield Lakes Social
3381 9652

Table Tennis Assoc, Ipswich
David 3282 4708 Glen 3389 6563

Trim & Tone Exercise Group
Lisa Purcell 0428 822 010

Walking Group:
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Orion Walkers 3810 6666
healthy4life@ipswich.qld.gov.au

Westminster Warriors Soccer Club
Redbank Plains Ph: 0450 005 152

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www.aa.org.au

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Email: afgsq@bigpond.com

Asperger Services Aust West
Brisbane Region Support Group
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Australian Breastfeeding Association
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Email: springfielddaba@gmail.com

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Falun Dafa
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www.falundafa.org

Ipswich Multiple Birth Association
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Kites Family Day Care
38180329
admin@kitesfdc.org.au

New Parent Group - Springfield Lakes
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Playtime, Camira/Springfield
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Playgroup, Gumnuts, Camira
Tenille 3818 6470, 0421 4480 046

Playgroup, Springfield Lakes
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Breakthrough Church Springfield
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Camira Christian Assembly
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Christian Outreach Centre
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www.creekroad.org.au

Disciples Church Springfield
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El Shaddai Worship Ministry - Camira
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Grace Christian Church
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Hillsong Brisbane West
Springfield Central 3381 9988
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Maranatha Worship Centre Camira -
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Oasis Church Springfield
www.theoasis.org.au 3282 0847
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Fr Mauro Conte 0417 726 521

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Springfield Community Baptist Church
Camira/Springfield Community Centre
Ph 0432 579 205

Springfield Christian Family 3818 2915
info@springfieldchristianfamily.org.au

Voice of the Lord Assembly (African Church)
Mr Godfrey Egwu 0420 308 097
voiceofthelordassembly@yahoo.com

Westside Spiritual Haven Camira
Yvonne 0422 551 102

Westside Christian Church Camira
Ps Josh Hartog 0423 814 700
www.westsidechristianchurch.com.au

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State High: 3432 1222
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Redbank Primary 3381 4111

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S'Field Lakes State School 3437 9888
www.springfieldlakesss.eq.edu.au

Staines Memorial College 3814 8600
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Goodna/Springfield Probus Club Update

by Robyn Girdler



As I write this month's article, we are enjoying a meandering road trip around New South Wales and Victoria, calling in to visit family members as we go. As I have not been available to attend the regular goings-on of the club this month, I have included a report on our club's recent outing (which we were disappointed to miss) written by our member, Julianne.

"On a warm, sunny autumn day, a happy group (let's call them "The Sensational Seven"), set out on a pleasant country drive to Pohlmans Nursery, near Gatton. On arrival, we settled down to a morning tea of freshly baked goodies from a nearby bakery.

As there were only seven of us, we did not qualify for the train ride at that stage, so we spent the time until lunch browsing through the retail nursery. Some of us bought plants at a much cheaper rate than our suburban nurseries and we all received some free potted colour to take home.

After a simple but delicious lunch, we were able to join another group on the 35-minute train ride aboard the "Gumnut Express".

Pohlmans is the largest independently owned plant producer and nursery in Queensland. It is situated in the Lockyer Valley on 150 acres, 40 of which is devoted to plant production.

Our train covered 60 acres and we saw all stages of plant production; tiny seedlings, propagation, robotic planting into pots, thousands of plants in various sized punnets and pots ready for transport to retail outlets. As it states on the website, they use cutting edge technology and industry best practice to give consistently high quality plants. A thoroughly enjoyable outing."

Are you looking for a combined social club for retired or semi-retired men and women? Are you looking for fun, fellowship and friendship? The Probus Club of Goodna-Springfield meets on the first Wednesday of each month at 1.30pm at Camira Friends and Neighbours Hall, Bruce Lane, Camira. If you would like to come along to a meeting or need more information, please phone Penny on 0412 270 628 or email gsprobus08@outlook.com. Visitors are always welcome and your first visit will be free of charge.

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TUES	
12.30-3.00PM	Arts Laughs n Crafts
6.30-7.30PM	Rhee Tae Kwondo
6.30-8.30PM	Goodna Gymnastics
WED	
9.15-11.00AM	Petite Stars
9.30-10.30AM	Goodna Gymnastics
1.00-2.30PM	Let's Dance - Free Line dancing classes
3.30-5.00PM	KNECT Kids Primary (fortnightly)
6.15-7.15PM	Konga the Jungle Body
5.30-7.00PM	Karate
2.00-7.00PM	Mobile Library (fortnightly)
THUR	
6.30-7.30PM	Rhee Tae Kwon Do
6.30-8.00PM	Goodna Gymnastics
FRI	
9.30-11.30AM	Playtime
7.00-10.00PM	KNECT Youth
SAT	
9.00-2.00PM	Free Pentecostal Church of Australia
9.00-NOON	Goodna Gymnastics
7.00-10.00PM	SDA Volleyball
SUN	
7.00-8.30AM	Congregational Christian Church of Samoa
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EMERGENCIES 000

POISONS 13 11 26

CRIME STOPPERS
1800 333 000

KIDS HELP LINE
1800 551 800

LIFELINE 13 11 14

DRUG ARM 1300 656 800

POLICELINK
131 444

QUEENSLAND HEALTH
13HEALTH

DOMESTIC VIOLENCE
(WOMEN) 1800 811 811
(MEN) 1800 600 636

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ENERGEX - SUPPLY LOSS
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SICK & INJURED ANIMALS
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